

# EMERGENCY STREAM INTERVENTION

&

Reducing Storm Impacts  
On Stream Channels



Prepared by  
The Upper Susquehanna Coalition

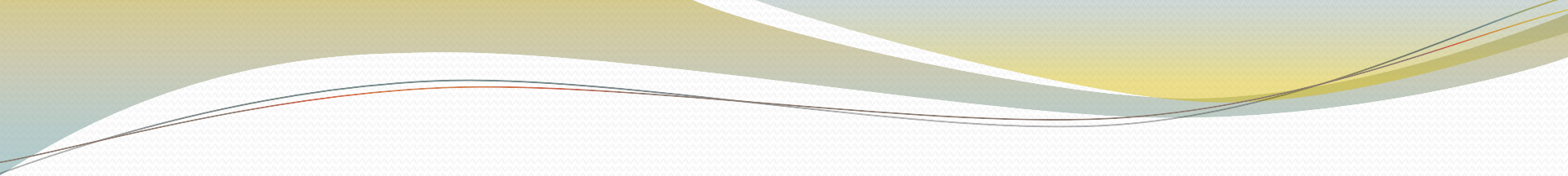
# SECTION I

AN OVERVIEW OF STREAM MORPHOLOGY  
OR  
HOW STREAMS ARE FORMED, EVOLVE AND BEHAVE



# Fluvial Geomorphology

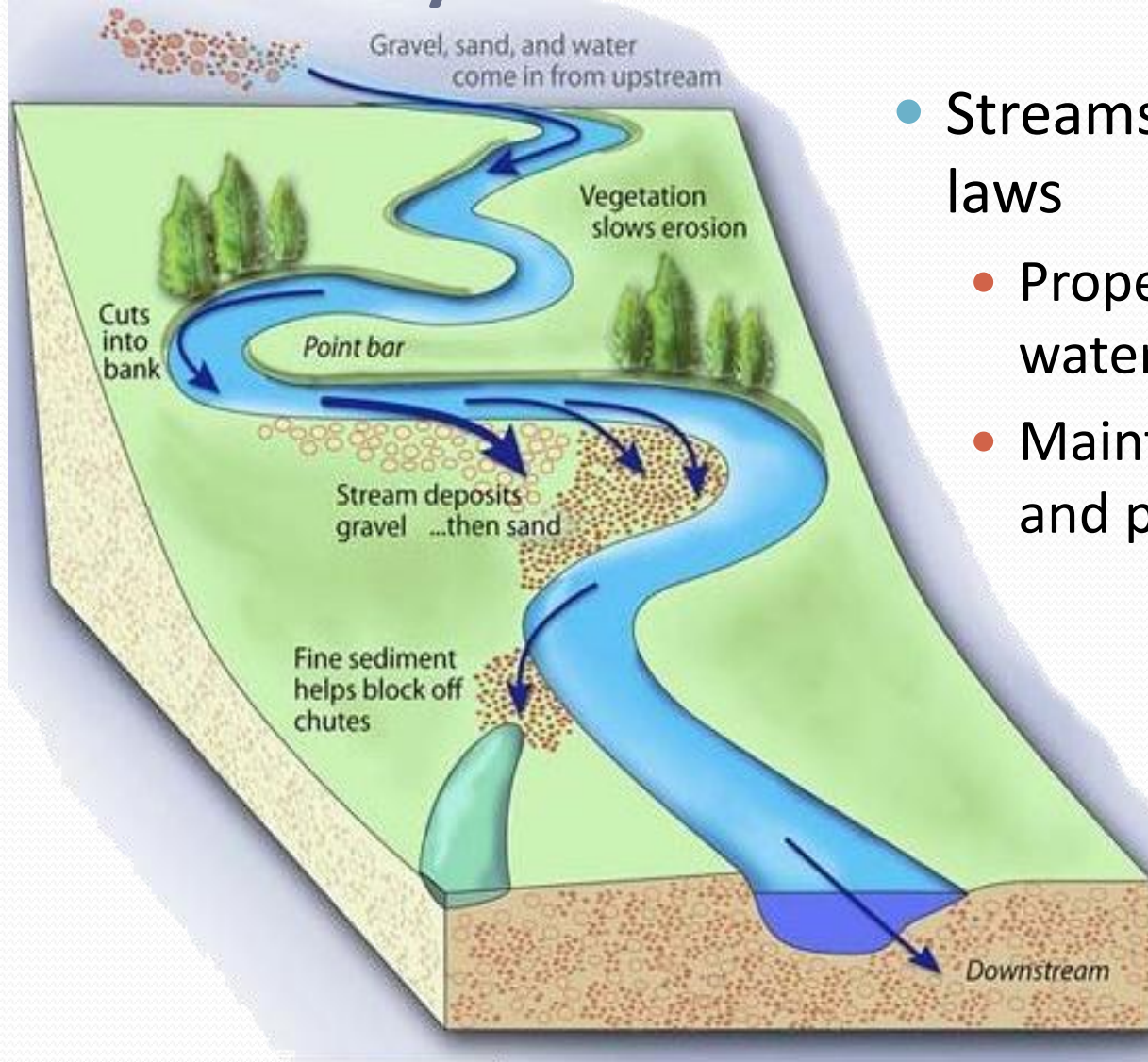
- How a stream physically evolves over time
- Specific characteristics of similar stream types that allow them to maintain relative “stability” for a large variety of storm (runoff) event.



HOW A STREAM LOOKS,  
BEHAVES AND CHANGES CAN  
BE A VERY COMPLEX BALANCE  
OF PHYSICAL ELEMENTS



# Primary Stream Features

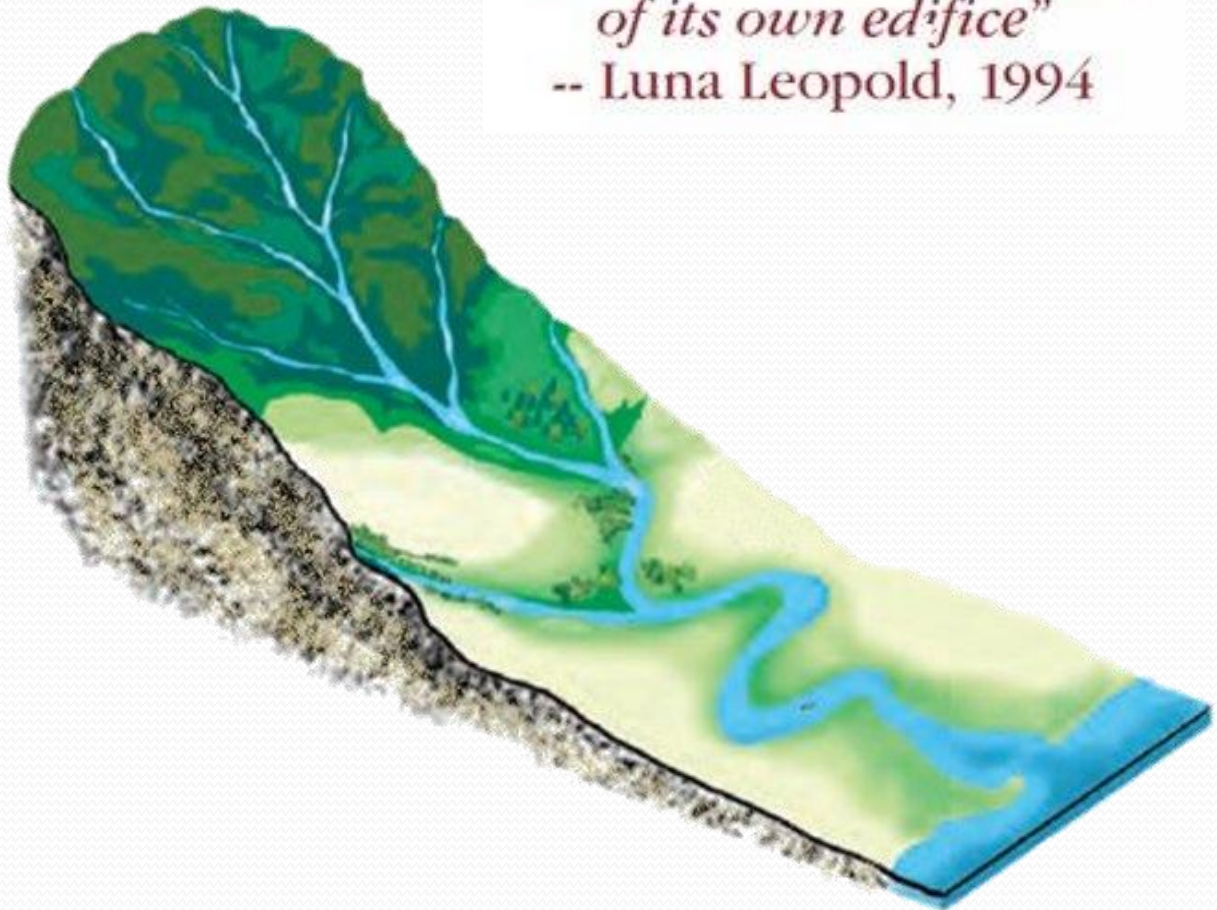


- Streams obey certain physical laws
  - Properly size itself to transport water and sediment
  - Maintain its dimension, pattern and profile

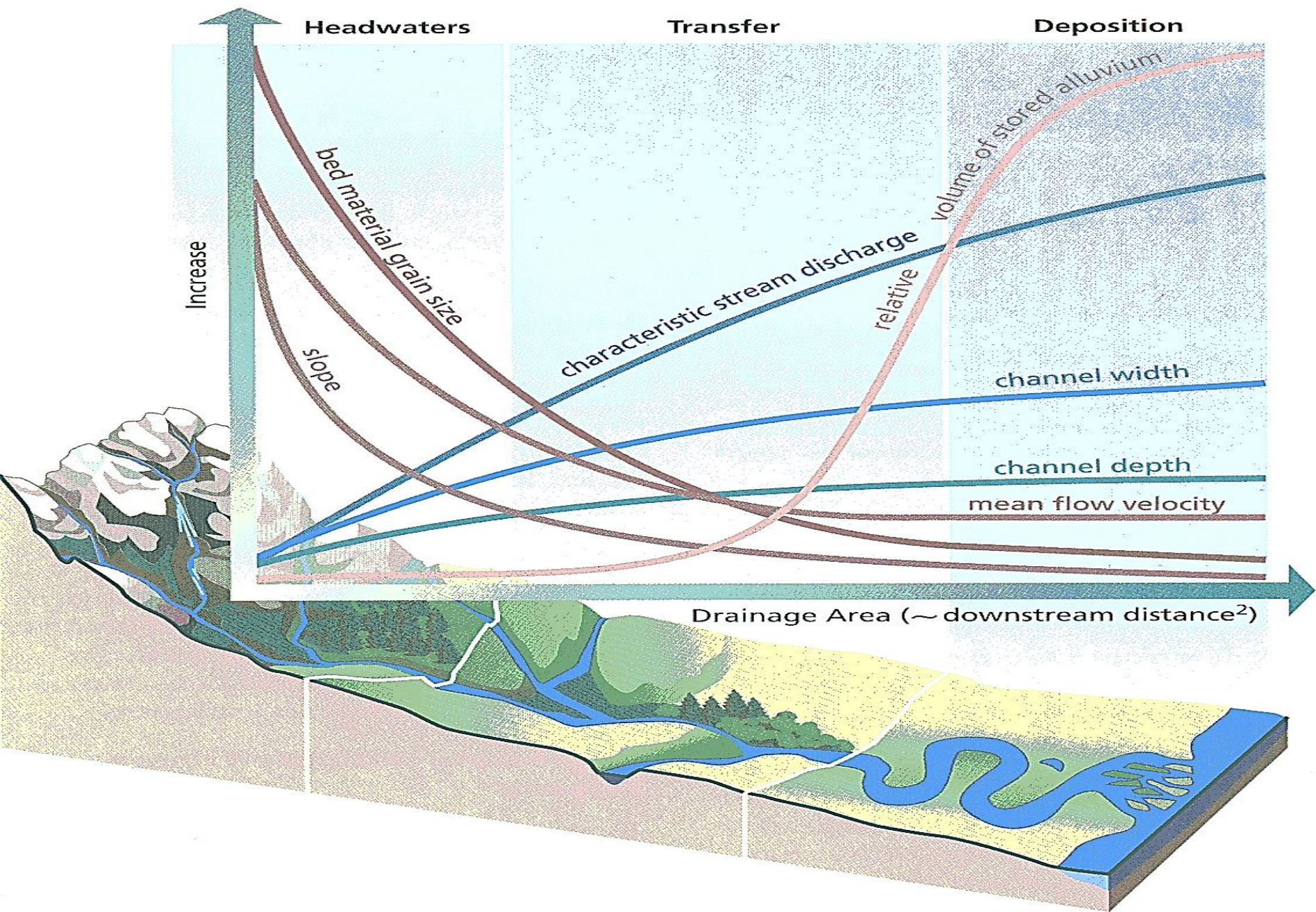
# Why Do Streams Look the Way They Do?

- Geology
  - Slope
  - Soils
- Amount of water
  - Timing
  - Duration
  - Magnitude
- Landuse
  - Vegetation
  - Infrastructure

*"The river is the carpenter  
of its own edifice"*  
-- Luna Leopold, 1994

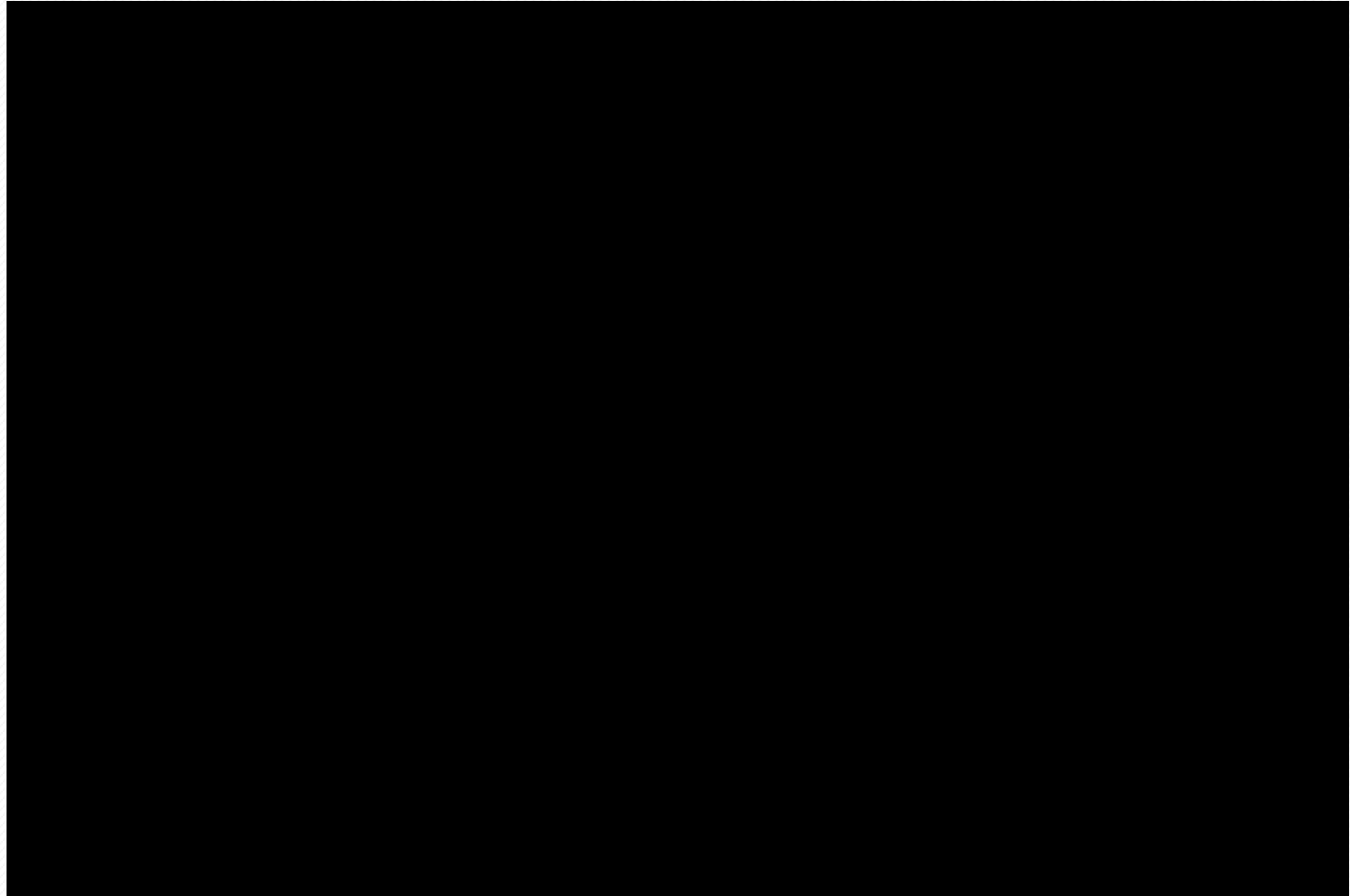






**Figure 1.28: Changes in the channel in the three zones.** Flow, channel size, and sediment characteristics change throughout the longitudinal profile.

# Streams Work to Return to a Natural Pattern & Dimension



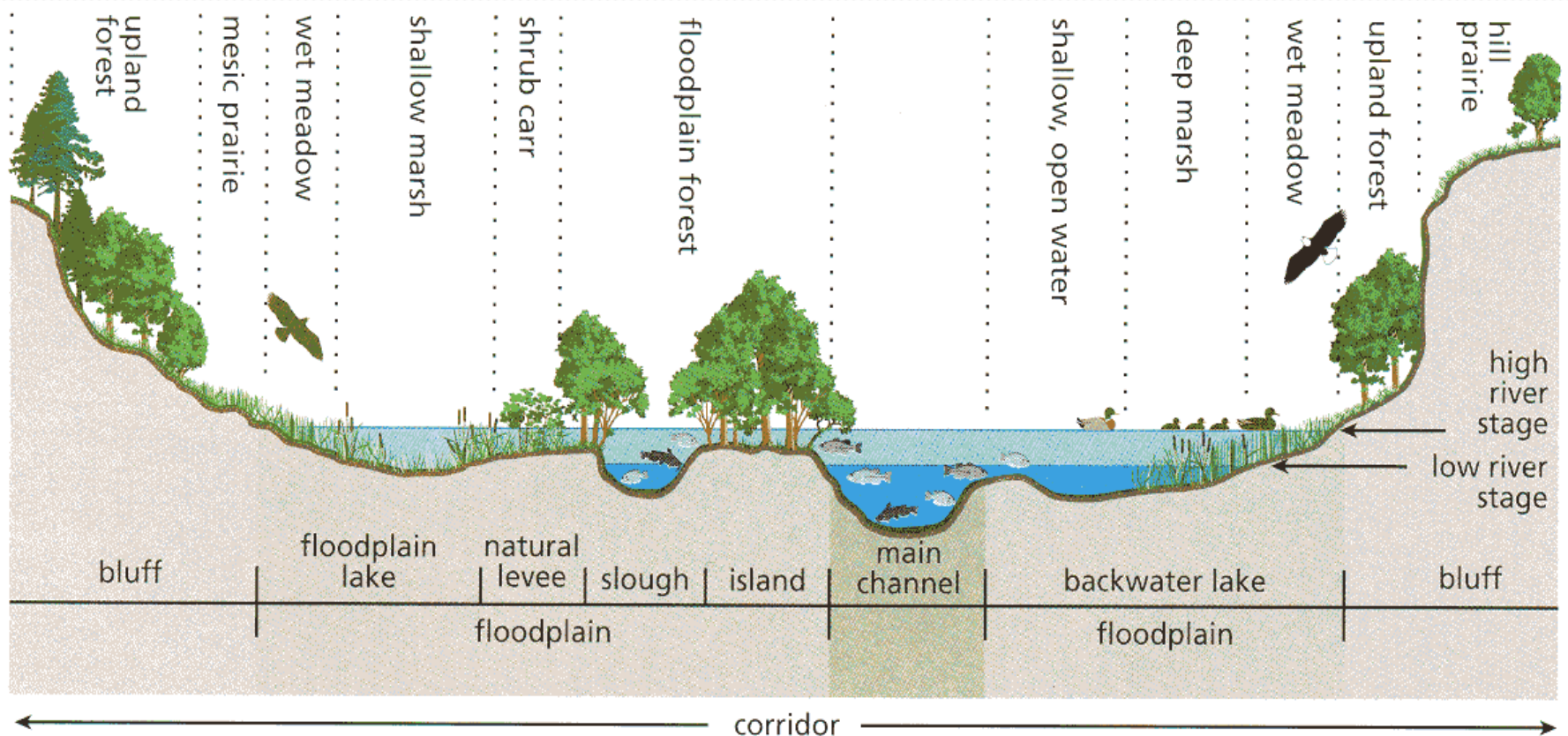


# Stream Morphological Features

- Floodplains
- Cross sectional area
- Width & depth
- Sinuosity
- Slope
- Entrenchment
- Longitudinal features



# FLOODPLAINS & STREAM CORRIDOR



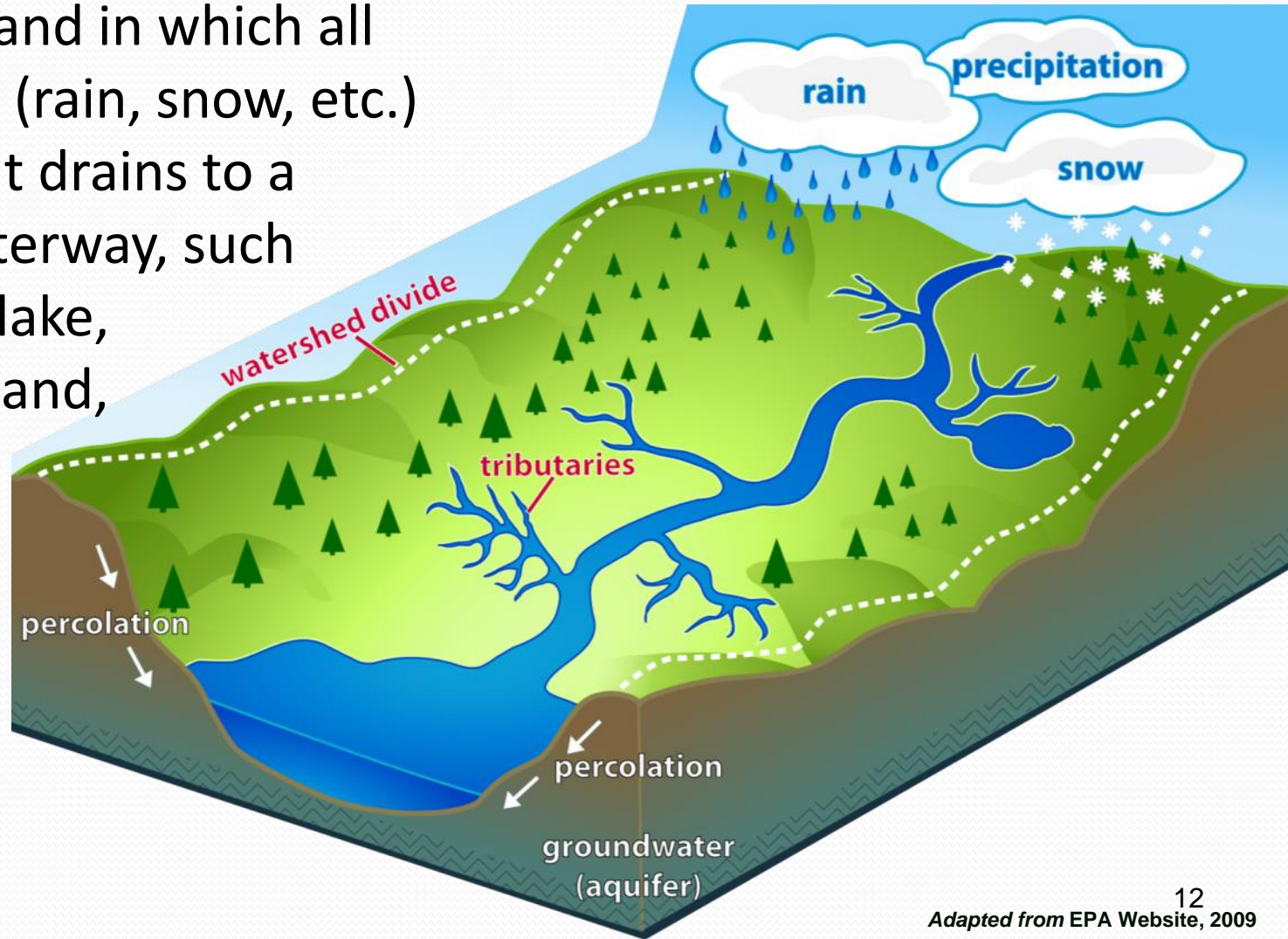


# Influences on Stream “MORPHOLOGY”

- Watershed
- Land forms
- Weather
- Man's influence/ activities
- “Boundary conditions”

# What is a Watershed?

The area of land in which all precipitation (rain, snow, etc.) that falls on it drains to a common waterway, such as a stream, lake, estuary, wetland, aquifer, or even the ocean.





# Watershed

- Topographic features - slopes
- Geology
- Soils that affect infiltration
- Land use
  - Vegetation
  - Development of watershed

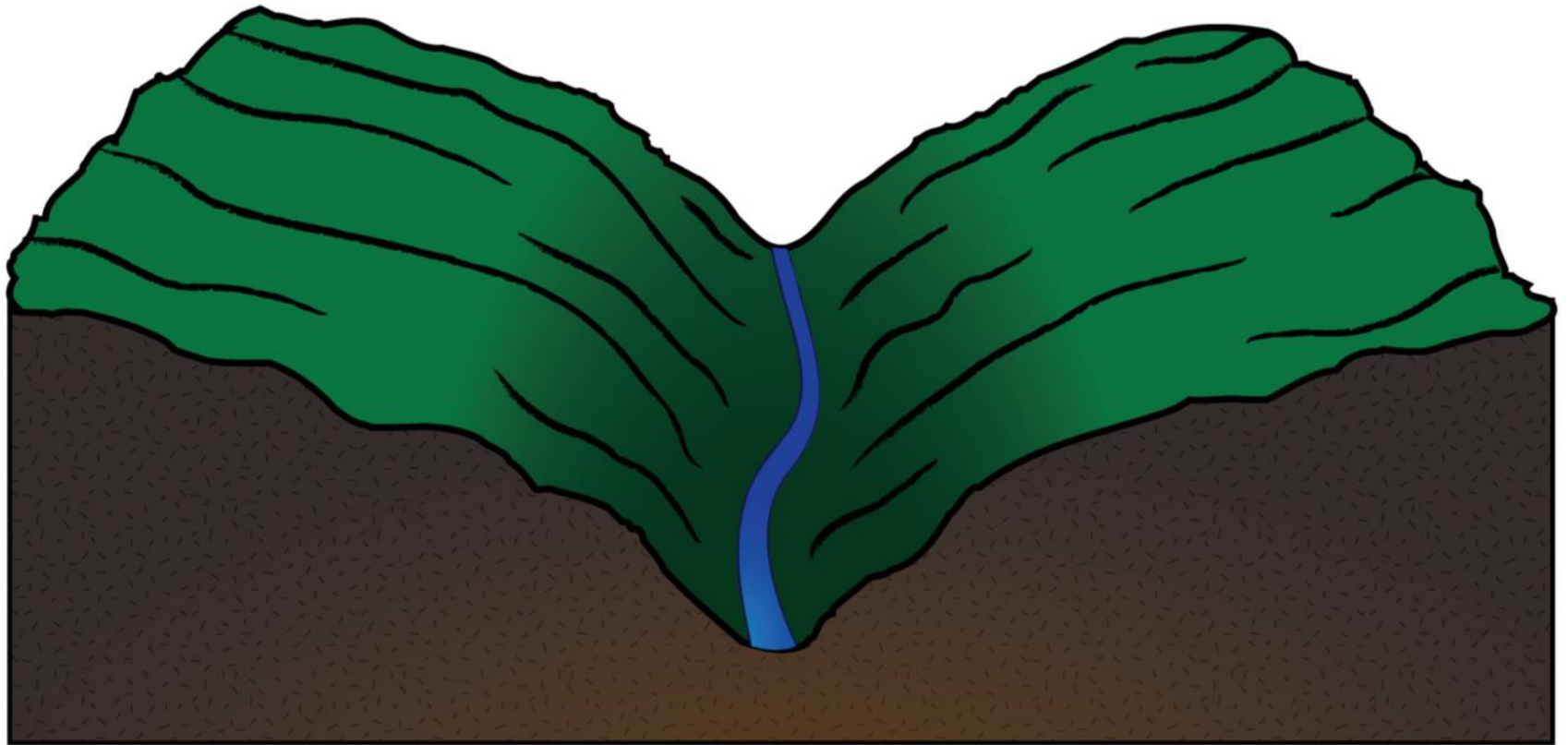


FIGURE 4b. Valley Type I, "V" notched canyons, rejuvenated sideslopes.

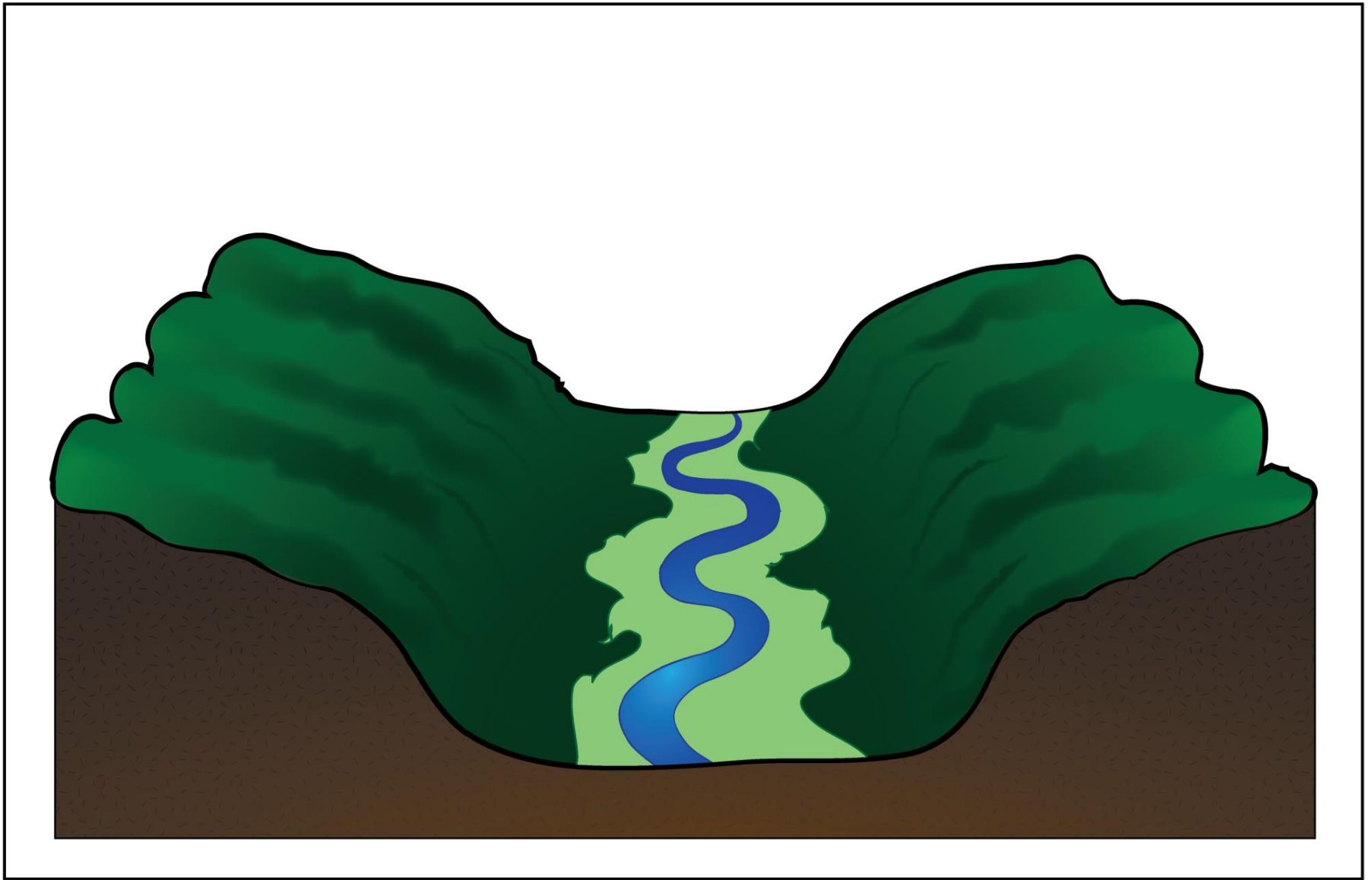
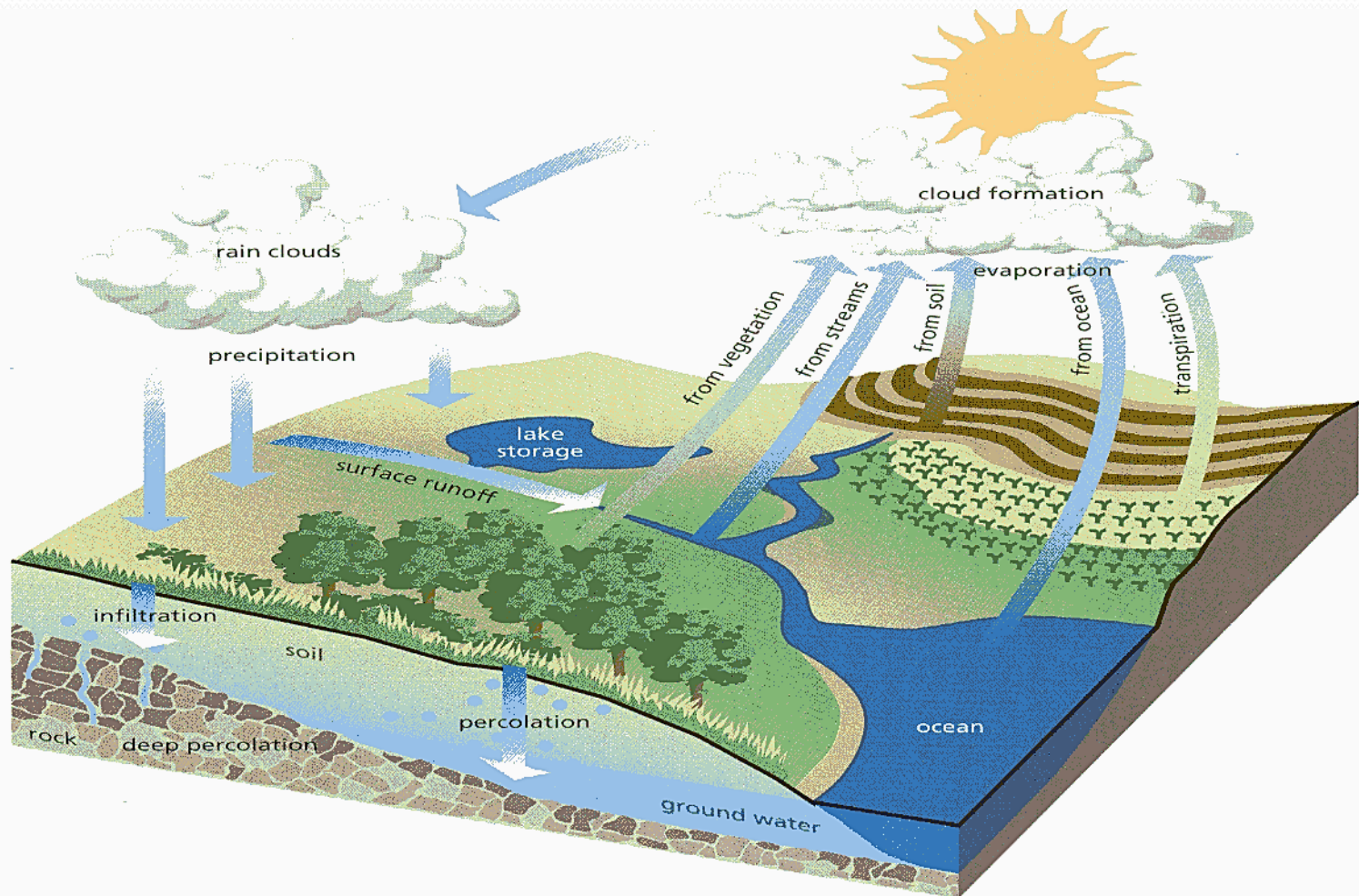


FIGURE 8b. Valley Type V, moderately steep valley slopes, "U" shaped glacial trough valleys.

# Hydrology

- The amount of water available to the stream
- Influenced by
  - Precipitation
  - Infiltration
  - Evaporation
  - Transpiration
  - Runoff

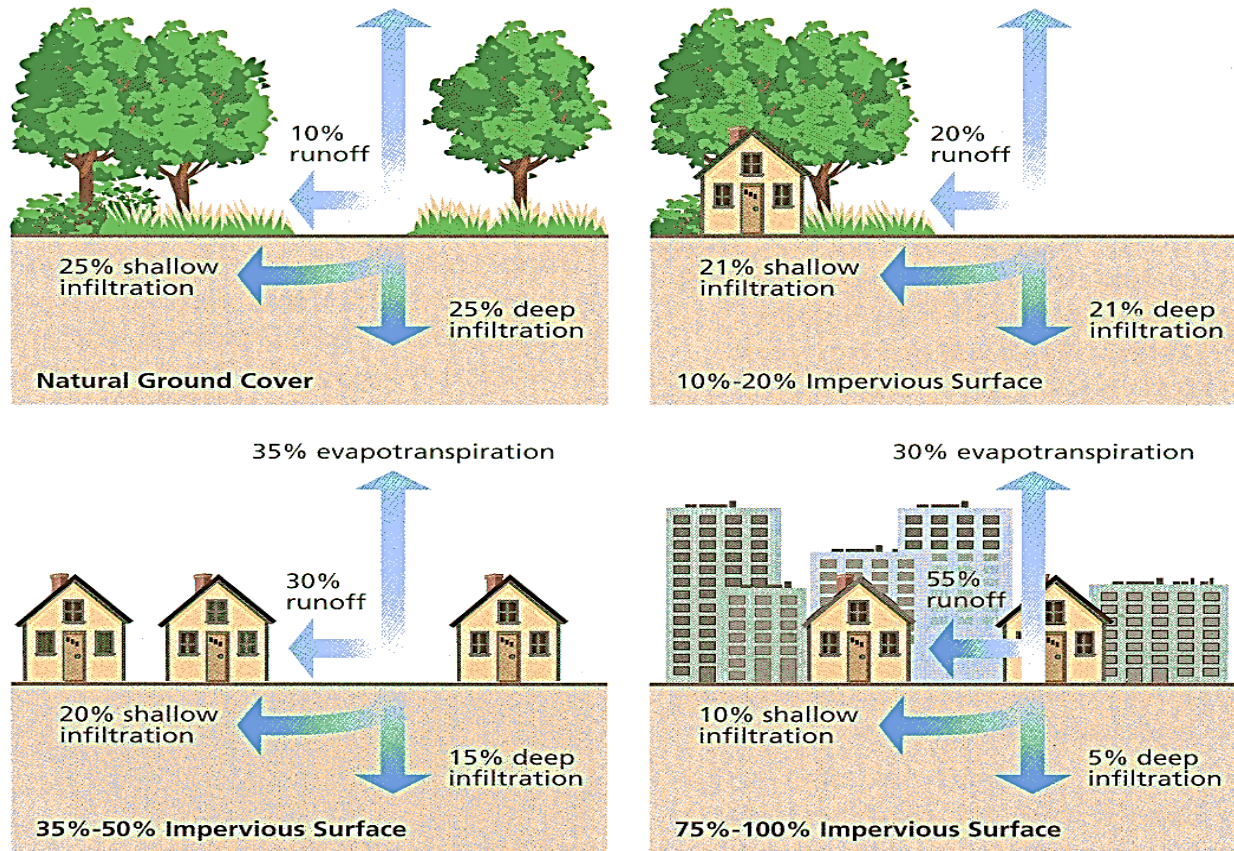
# HYDROLOGIC CYCLE



**Figure 2.2: The hydrologic cycle.** The transfer of water from precipitation to surface water and ground water, to storage and runoff, and eventually back to the atmosphere is an ongoing cycle.

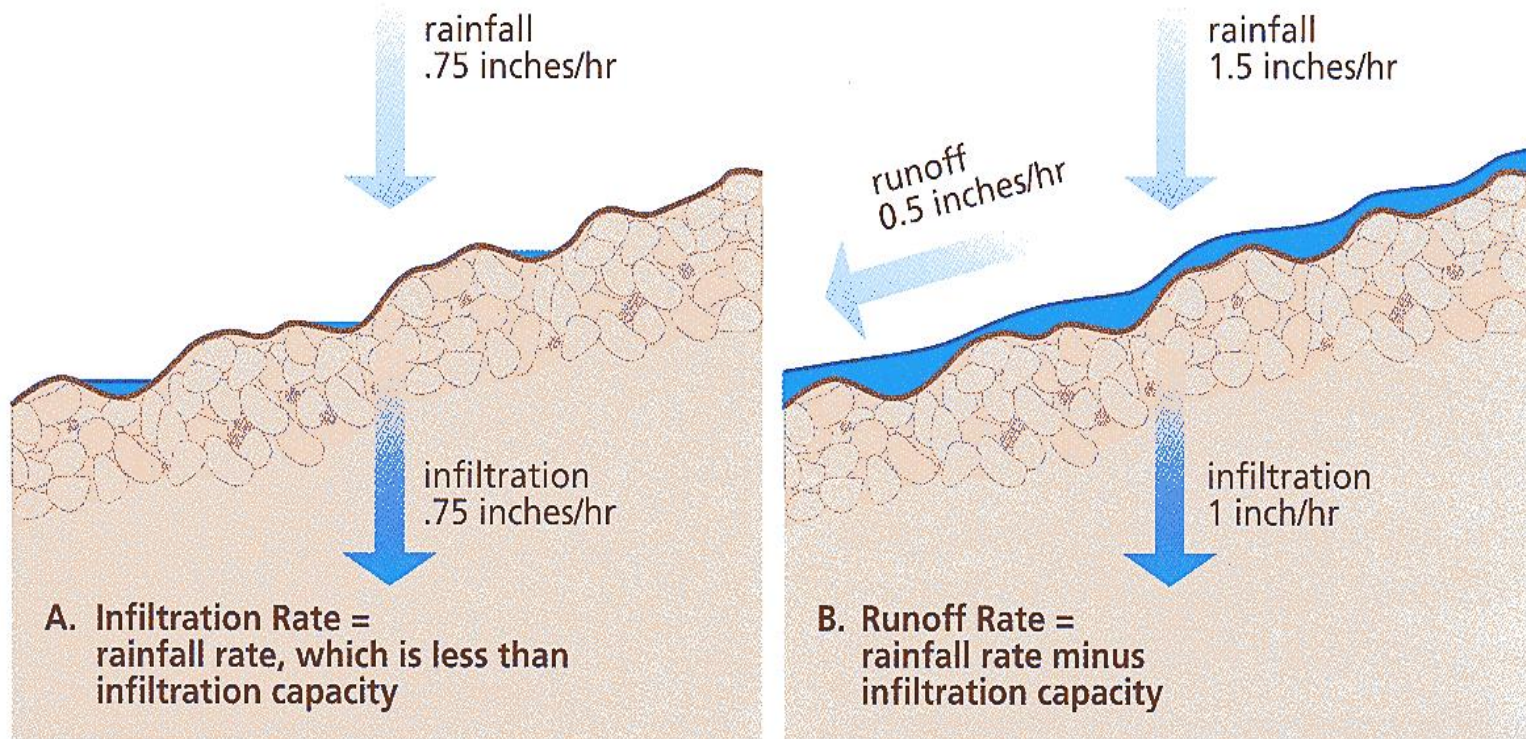


# LANDUSE



**Figure 3.21: Relationship between impervious cover and surface runoff.** Impervious cover in a watershed results in increased surface runoff. As little as 10 percent impervious cover in a watershed can result in stream degradation.

# SOILS



**Figure 2.6: Infiltration and runoff.** Surface runoff occurs when rainfall intensity exceeds infiltration capacity.

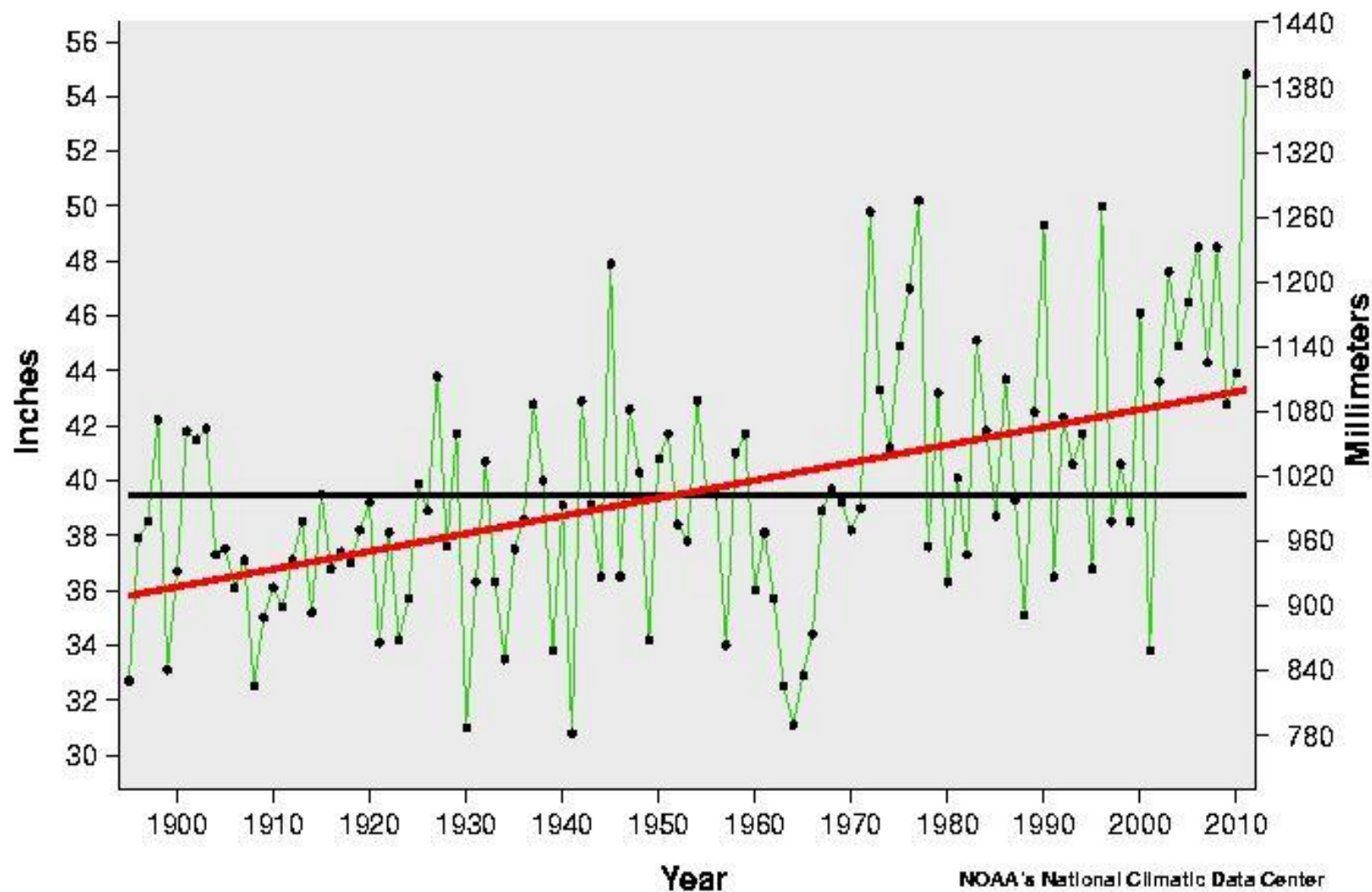
# Climate (Precipitation)

- Climate change causes increasing precipitation levels and variability (more extremes)
  - Streams are adjusting to increase flows
- Difficult to predict local severity of forecasted rain event



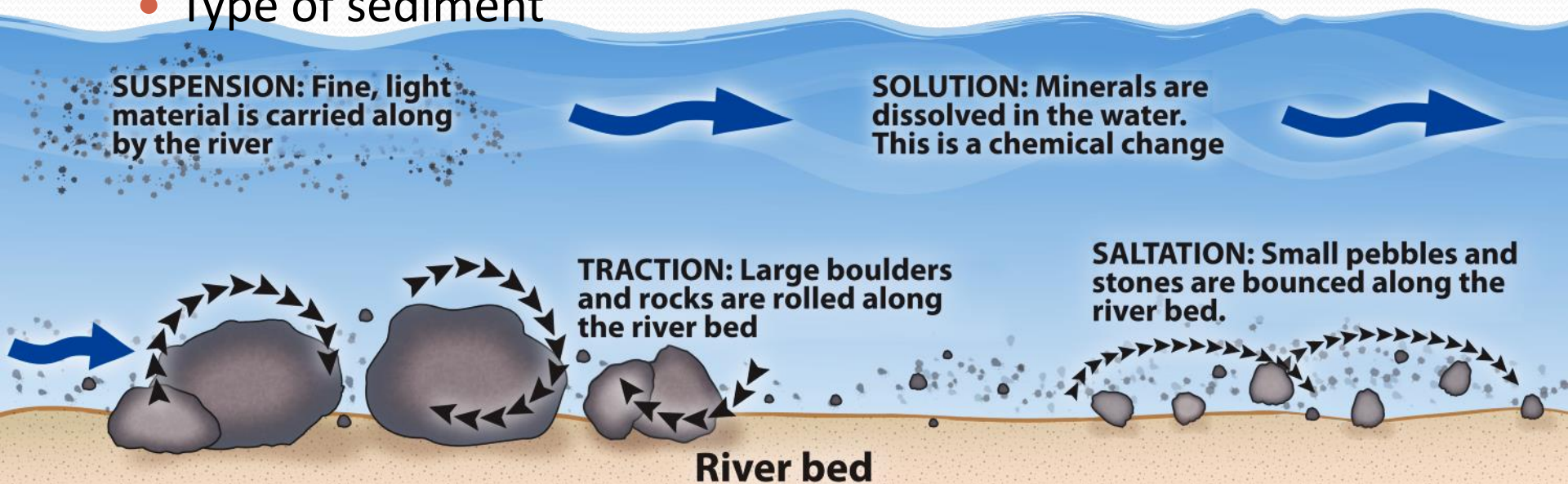
**Annual 1895 - 2011 Average = 39.54 Inches**  
**Annual 1895 - 2011 Trend = 0.65 Inches / Decade**

- **Actual Precipitation**
- **Average Precipitation**
- **Trend**



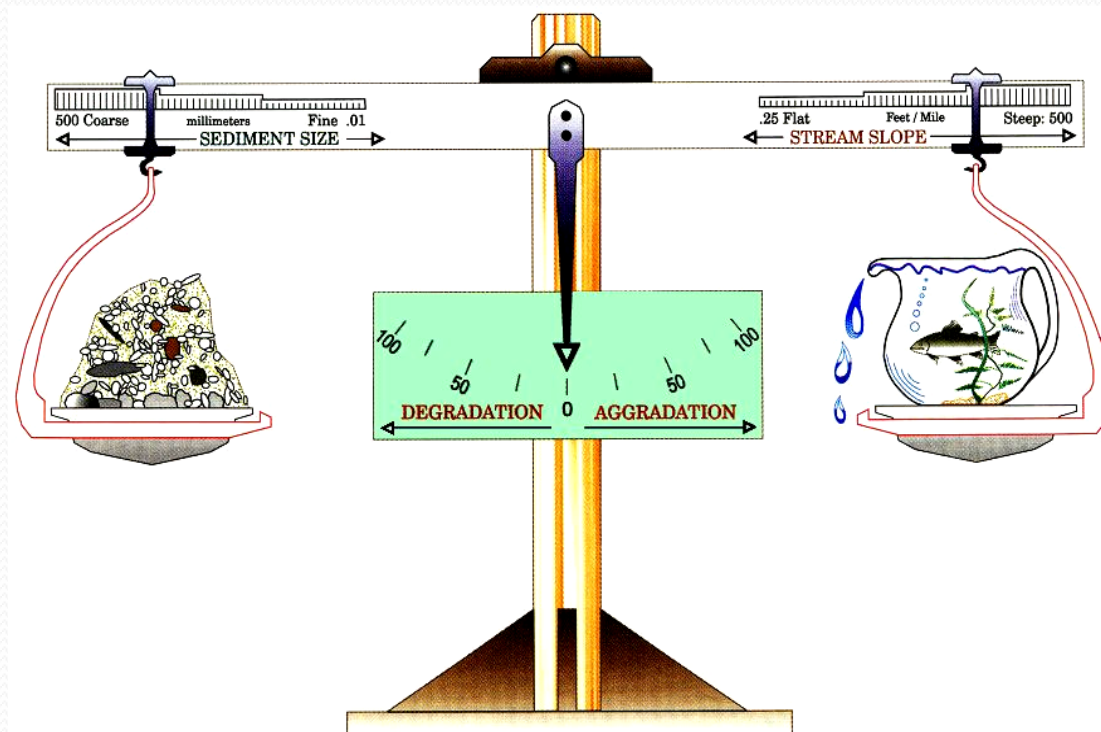
# Streams Move More Than Water

- As water moves over the land it picks up sediment, forming the stream channel
- Streams create and maintain their shape and size themselves, a result of:
  - Volume of water
  - Amount of sediment
  - Type of sediment



# Sediment Balance

- Streams are said to be in equilibrium when the volume of water is enough to transport the available sediment without building up the channel (aggrading) or cutting down the channel (degrading).



$$(\text{Sediment LOAD}) \times (\text{Sediment SIZE}) \propto (\text{Stream SLOPE}) \times (\text{Stream DISCHARGE})$$

Adapted from Applied River Morphology, Dave Rosgen, 1996

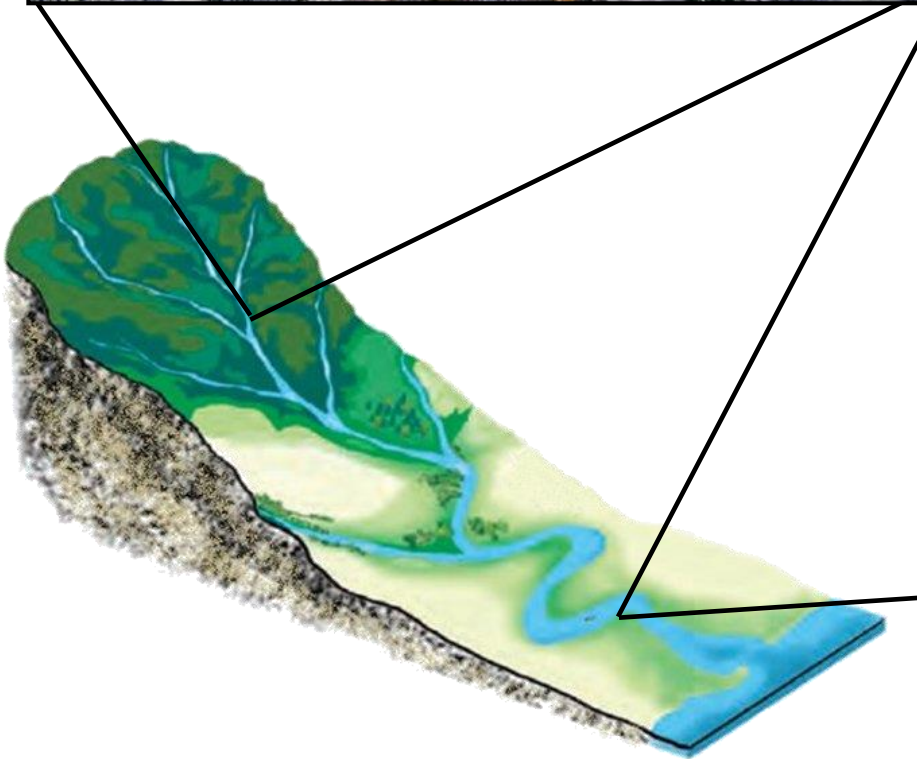
# Two Main Stream Types

- **Step - Pool Sequence** - streams are usually found in the headwaters or on steep slopes
- **Riffle - Pool Sequence** - streams are usually found in the broad valleys and on flat slopes





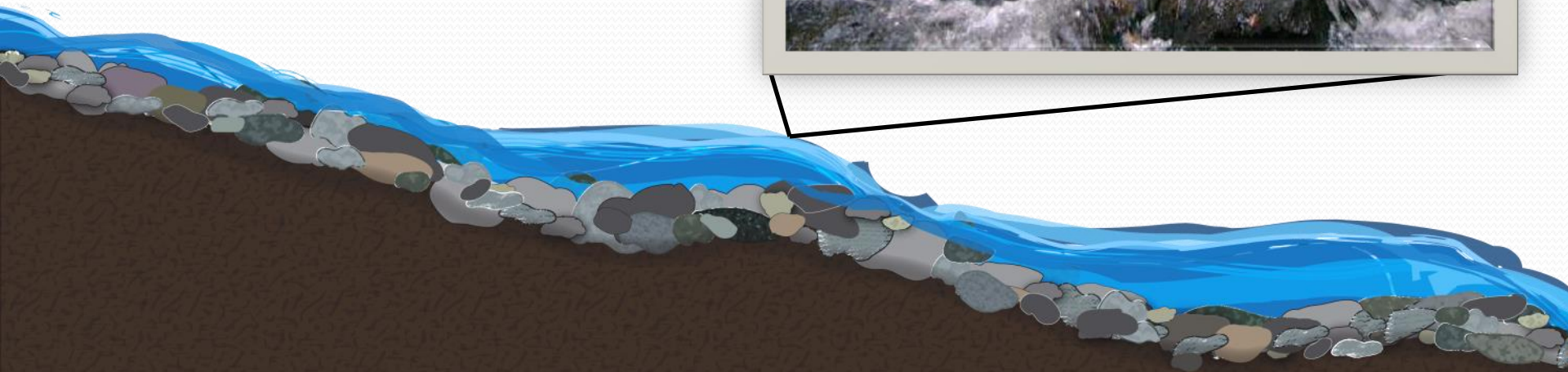
**Step-Pool**



**Riffle-Pool**



# Stream Type: Step - Pool



PROFILE VIEW



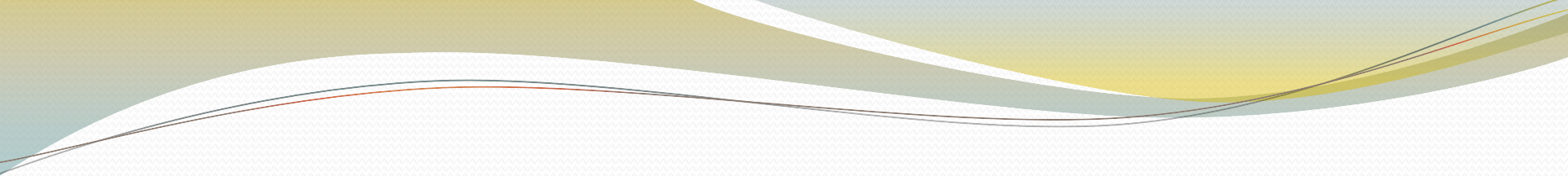
# Stream Type: Riffle - Pool



# SECTION II

HOW A STREAM BECOMES UNSTABLE  
&  
SOURCES OF EXCESS SEDIMENT



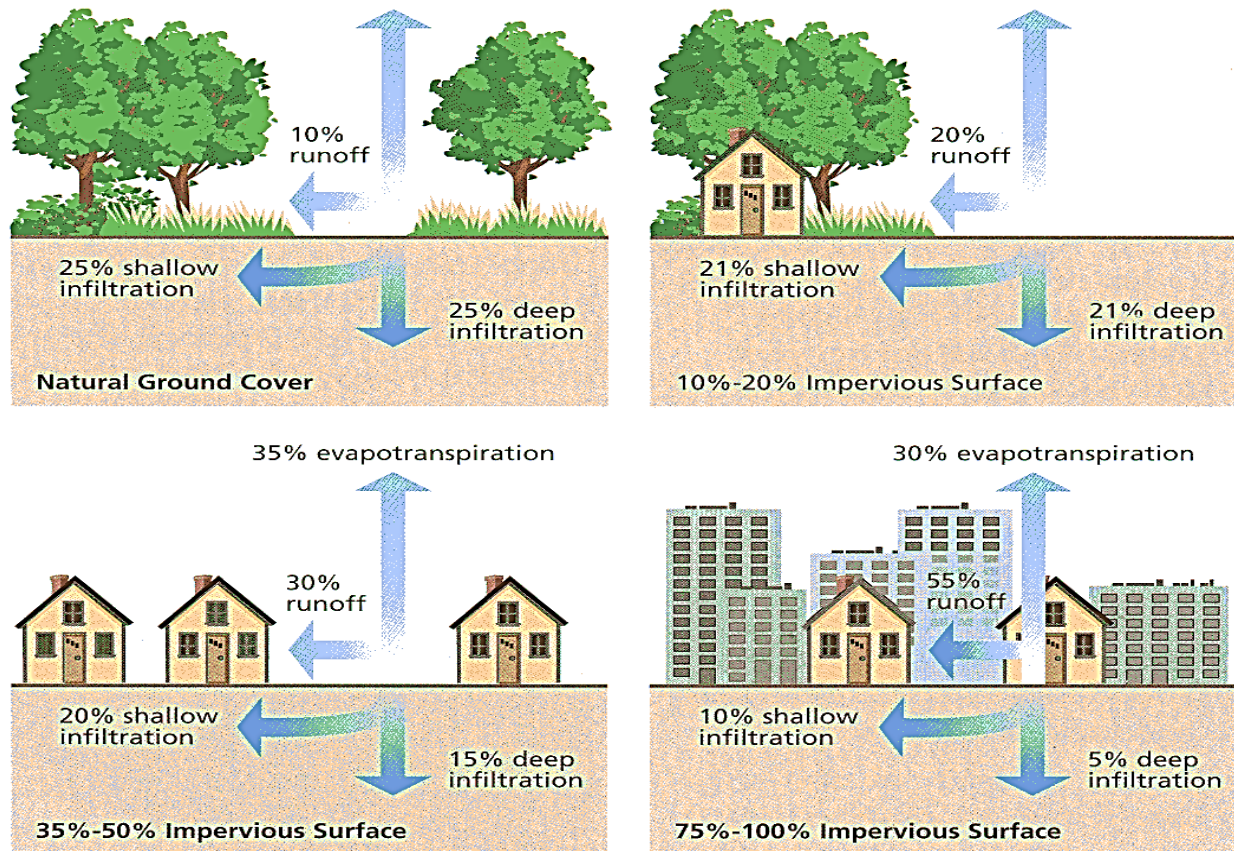


A stream channel responds to any changes in those elements that have helped shape it over the centuries and thus impacts its stability and ability to transport both water and sediment

# How do streams become unstable?

- Land use changes
- Dredging
- Channel straightening
- Berms
- Filling floodplain or channel
- Floodplain development
- Avulsions
- Large floods

# Land Use



**Figure 3.21: Relationship between impervious cover and surface runoff.** Impervious cover in a watershed results in increased surface runoff. As little as 10 percent impervious cover in a watershed can result in stream degradation.



# Traditional Travel Corridors



# Timber and Agriculture



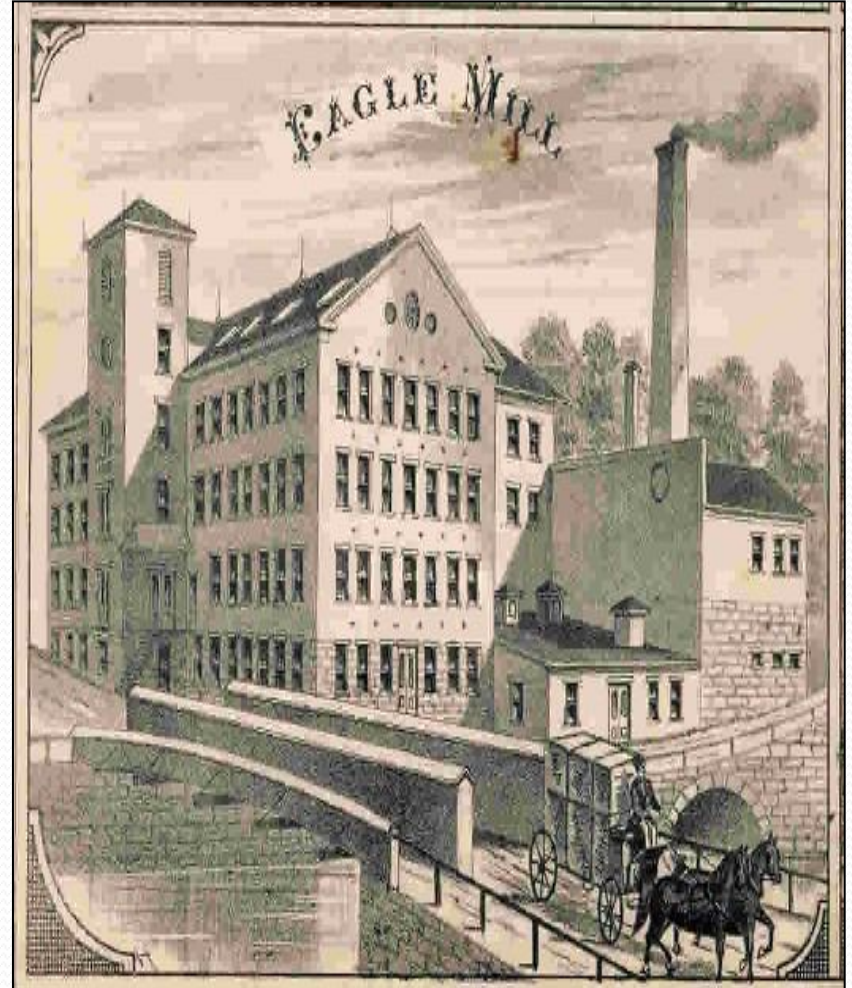
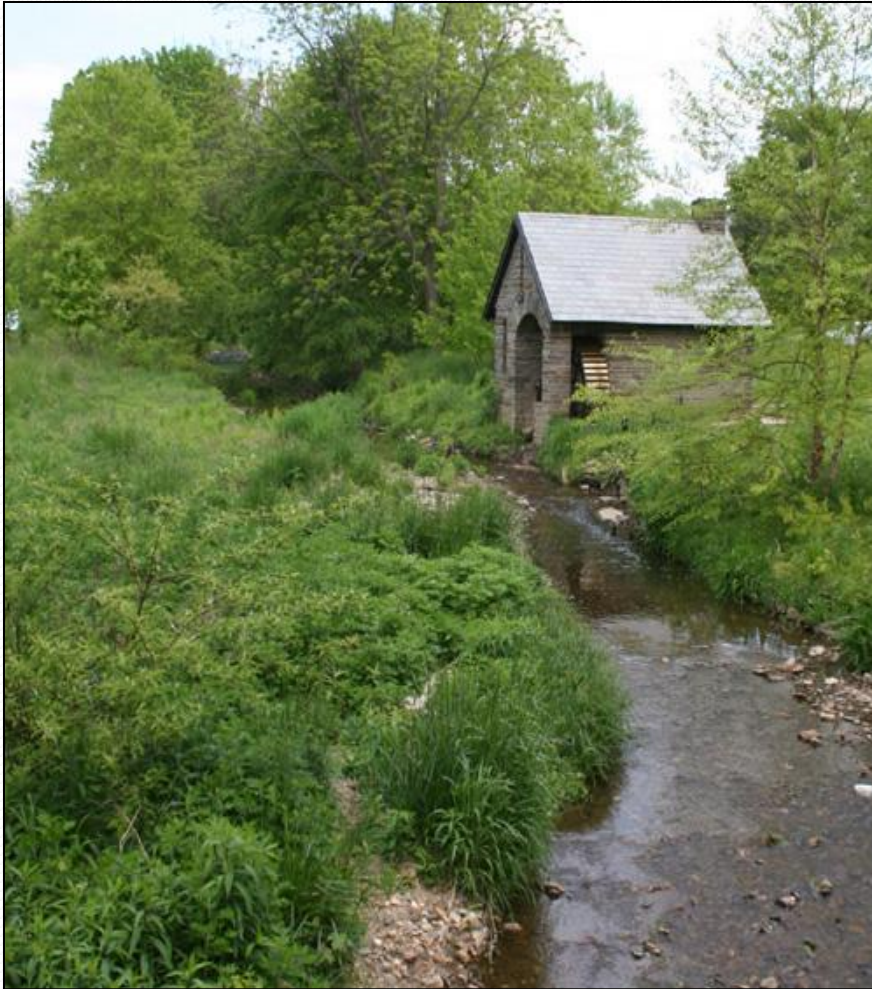


# Transporting Logs





# Mills Located on Streams



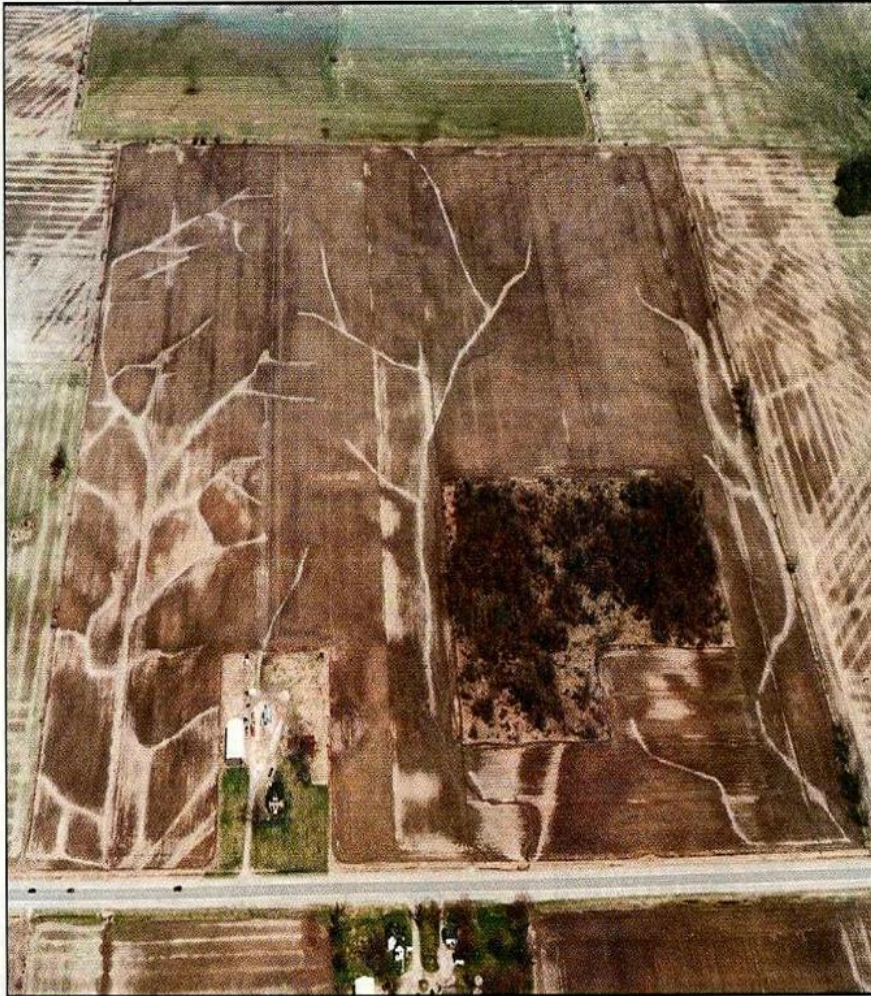


# More Impervious Surfaces

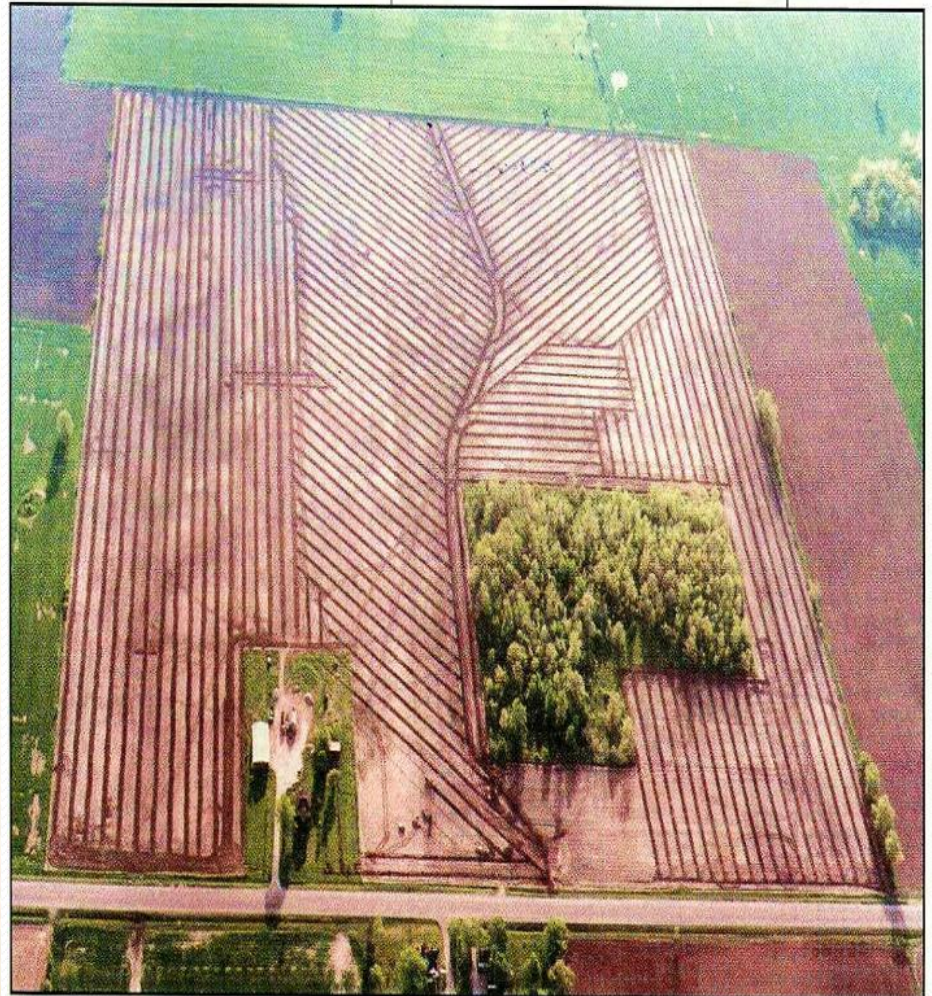




# Changing Drainage Patterns



Before field was drained on Jim Smith farm.



After tile lines were installed on Jim Smith farm.



# Upland Development



# Causes of Required Maintenance

- **Flow Interruptions**

- **Debris Jams, Ineffective Openings, Other Obstructions, etc.**

- **Sediment Transport Interruptions**

- **Excess Sediment Loading, Changes in Cross-Sectional Geometry, Significant Flood Event, etc.**

- **Changes in Hydrology**

- **Land Cover Alterations, Time of Concentrations Routing, Significant Flood Event, etc.**



# Debris Jams







## Ineffective Openings



# Ineffective Openings





# Other Obstructions



# Causes of Required Maintenance

- Flow Interruptions
  - Debris Jams, Ineffective Openings, Other Obstructions, etc.
- **Sediment Transport Interruptions**
  - **Excess Sediment Loading, Changes in Cross-Sectional Geometry, Significant Flood Event, etc.**
- Changes in Hydrology
  - Land Cover Alterations, Time of Concentrations Routing, Significant Flood Event, etc.





# Excess Sediment Loading





# Excess Sediment Loading





# Excess Sediment Loading





# Significant Flood Event





# Causes of Required Maintenance

- Flow Interruptions
  - Debris Jams, Ineffective Openings, Other Obstructions, etc.
- Sediment Transport Interruptions
  - Excess Sediment Loading, Changes in Cross-Sectional Geometry, Significant Flood Event, etc.
- **Changes in Hydrology**
  - **Land Cover Alterations, Time of Concentrations Routing, Significant Flood Event, etc.**

# Land Cover Alterations





# Time of Concentration Alterations





# Adverse Environmental Effects of Improper Maintenance!

- Introduction of Additional Sediment
- Elimination of Floodplain Access
- Entrenchment and Incision of the Channel
- Destabilization of Stream Corridor
- Removal of Stabilizing Vegetation
- Destruction of Aquatic and Terrestrial Ecosystems
- Limitation or Removal of Fish Passage
- Impacts on Infrastructure
- Threatened Life and Safety

Lateral



Encroachment

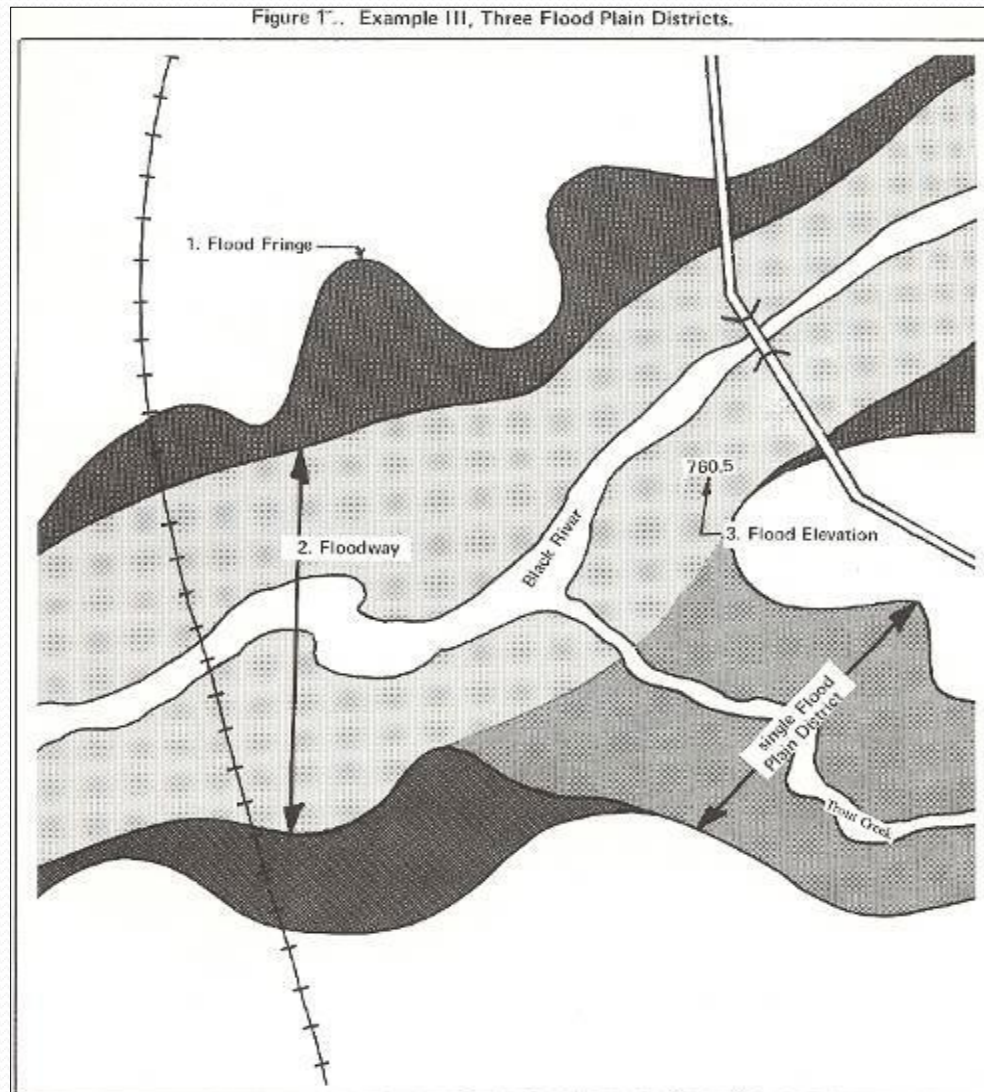


# Lateral Encroachment

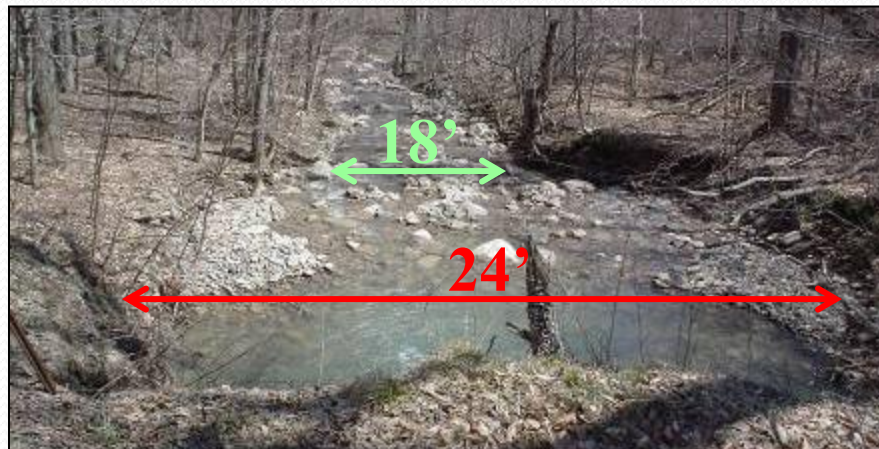




# Transverse Encroachment

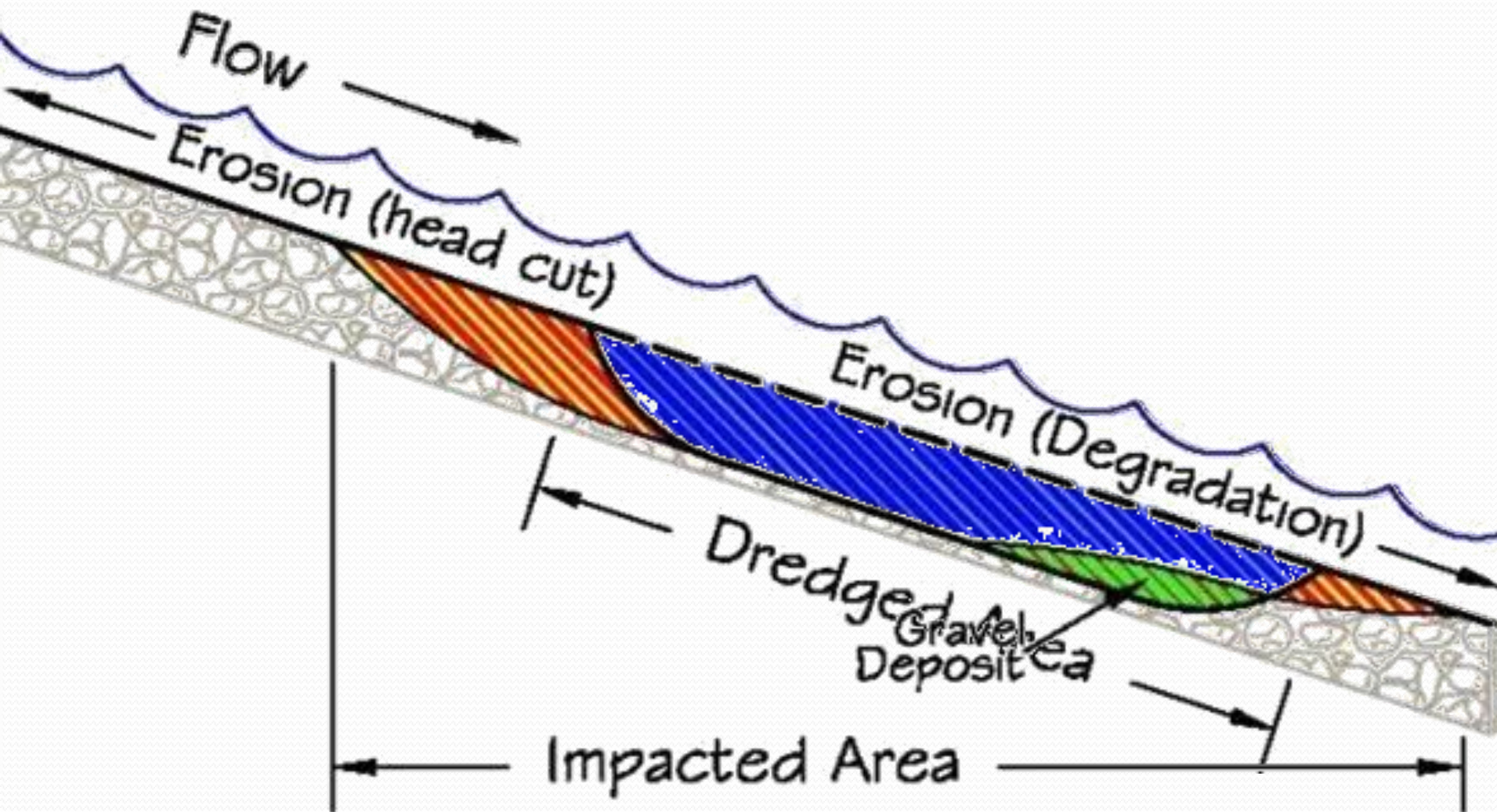


# Transverse Encroachment



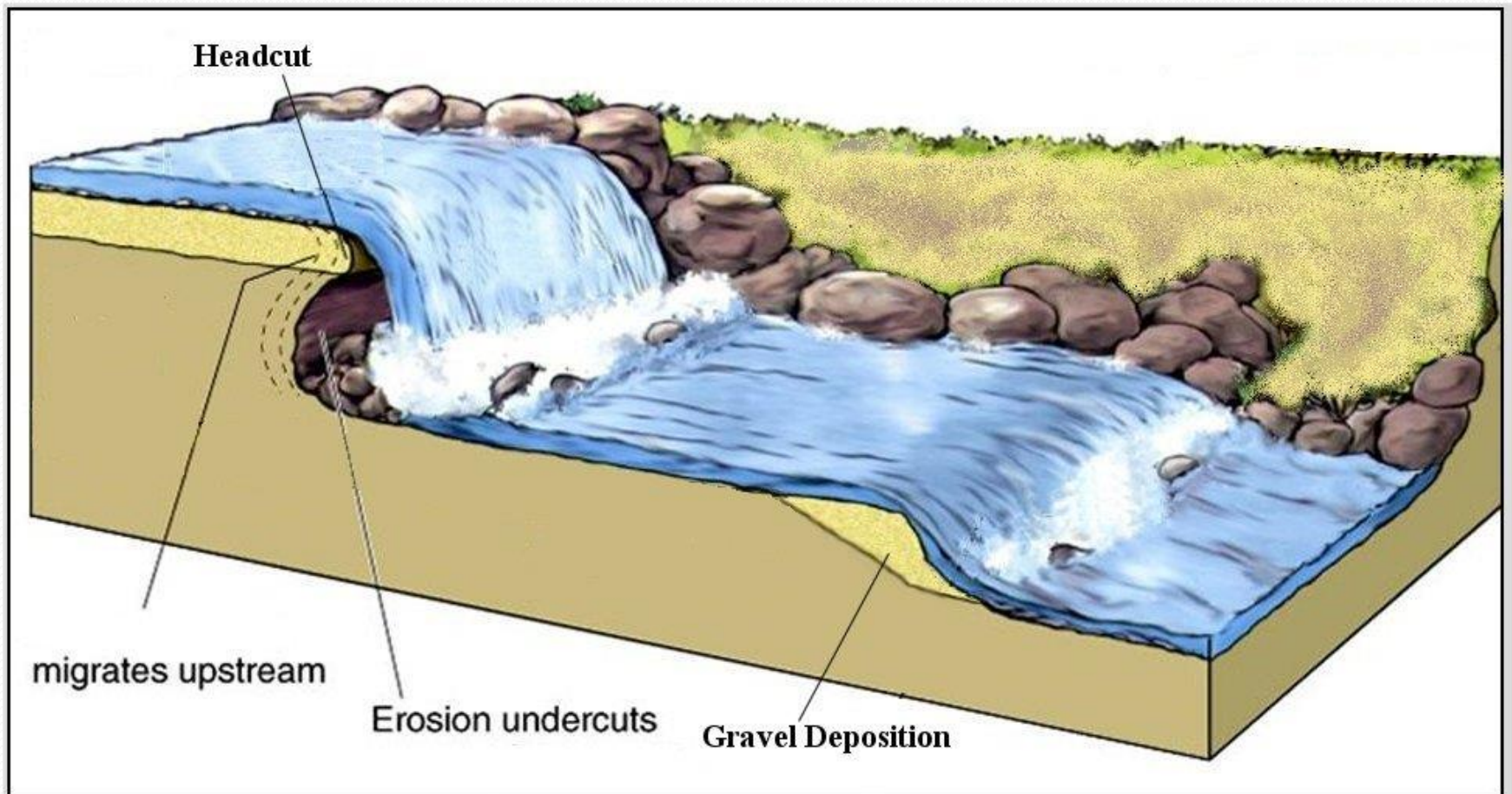


# Dredging



# Headcut Definition

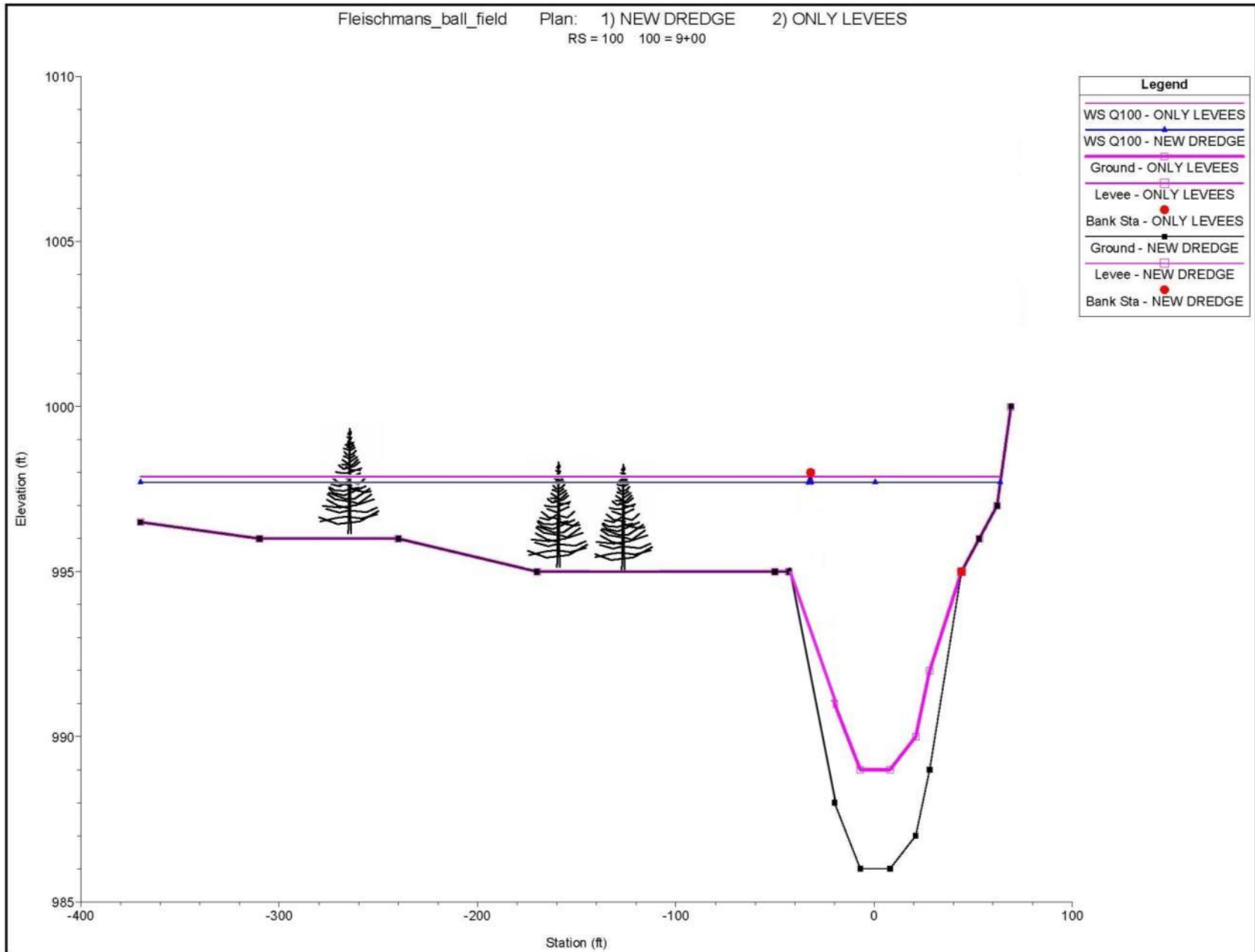
- Instability that progress upstream and downstream from a local disturbance.





# Another Example of Dredging

# Does Dredging help flooding?











**Steep riffle**

**Erosion**

**Channel is too wide**

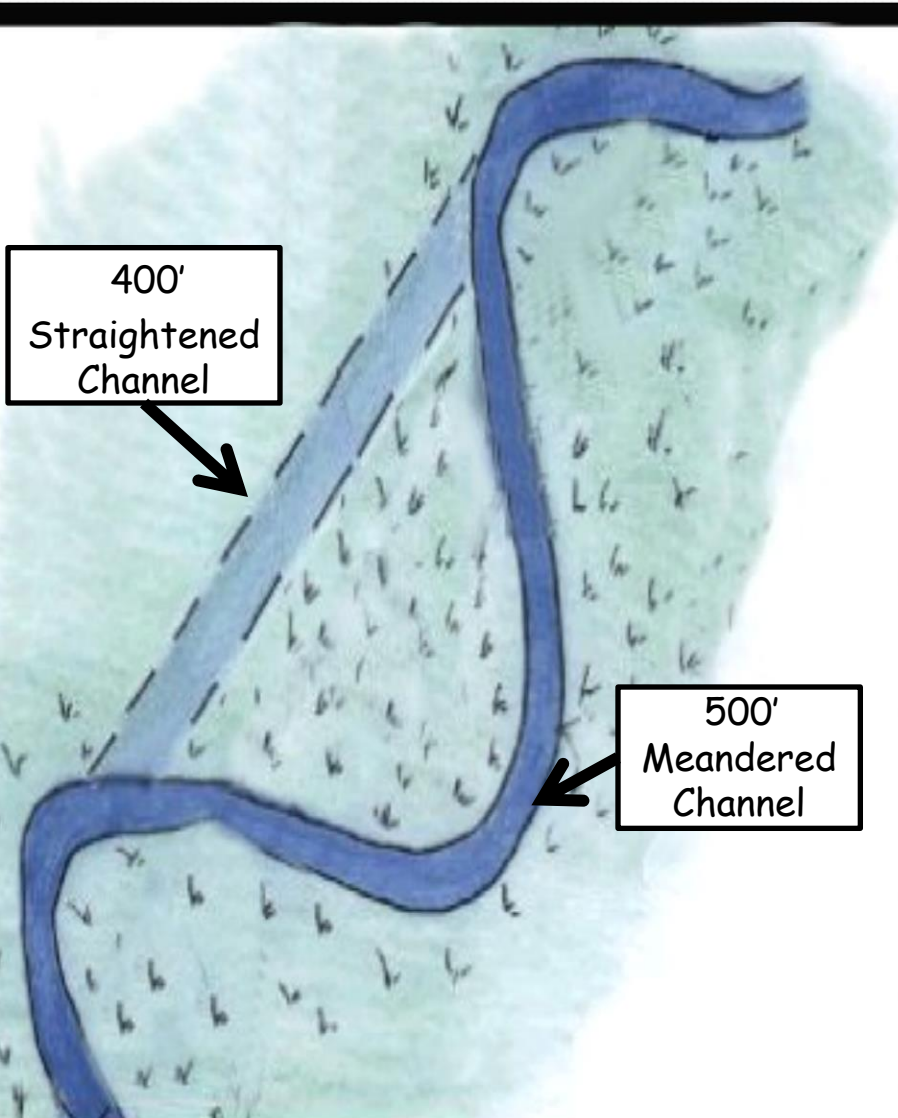
**Gravel  
Deposition**



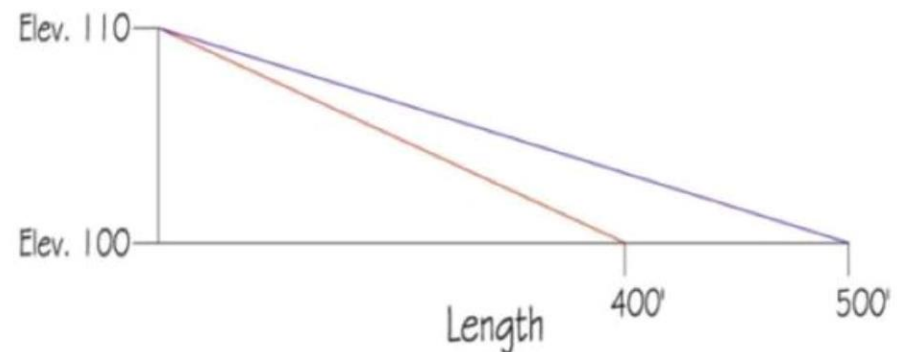
# Berms



# Channel Straightening



- Shorter distance means a steeper slope
- A steeper slope increases velocity
- A steeper slope increases erosion on the streambank and bed



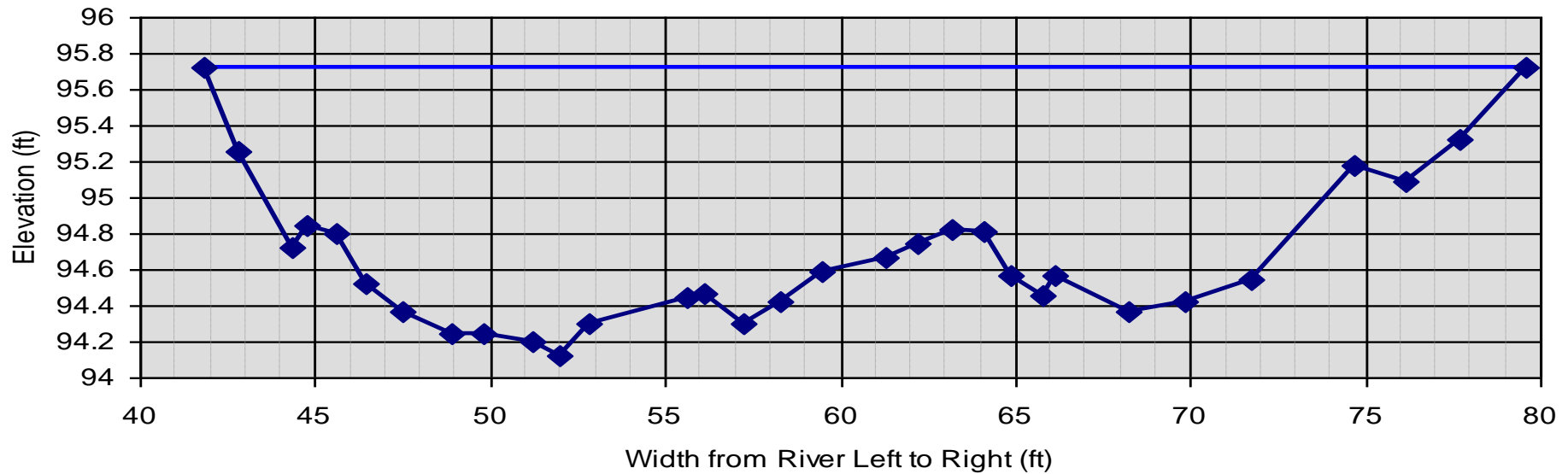


# Stream Channel Straightening



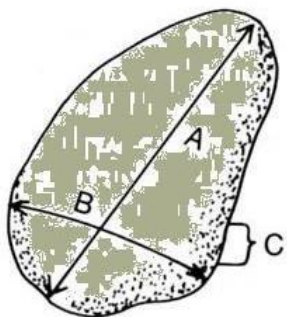


## ORIGINAL X-SECTION



## ORIGINAL VALUES PRIOR TO STREAM ALTERATIONS

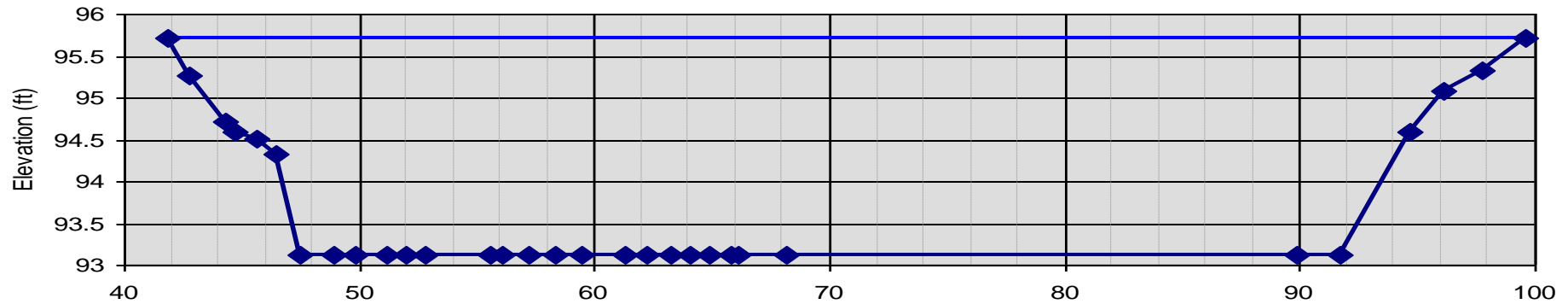
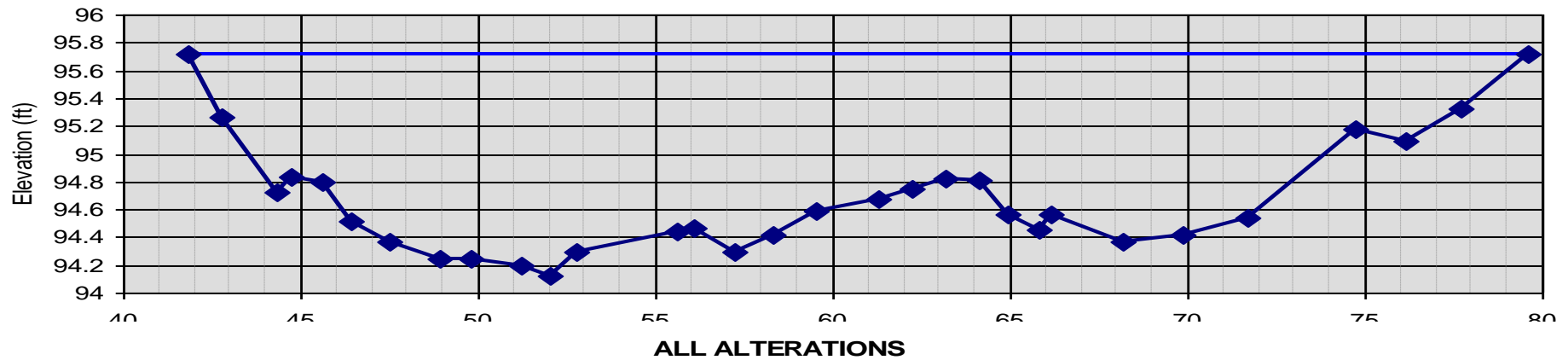
SLOPE	MEAN DEPTH	HYDRAULIC RADIUS	WIDTH	X-SECTIONAL AREA	MAX DEPTH	VELOCITY	DISCHARGE	SHEAR STRESS	SHEAR VELOCITY	UNIT STREAM POWER	THRESHOLD GRAIN SIZE (mm)
1.0	1.1	1.0	37.8	40.0	1.6	4.4	175.0	0.65	0.58	2.89	41.1



A = LONGEST AXIS (LENGTH)  
B = INTERMEDIATE AXIS (WIDTH)  
C = SHORTEST AXIS (THICKNESS)



## ORIGINAL X-SECTION



## CHANGES TO WIDTH, DEPTH AND SLOPE

SLOPE	MEAN DEPTH	HYDRAULIC RADIUS	WIDTH	X-SECTIONAL AREA	MAX DEPTH	VELOCITY	DISCHARGE	SHEAR STRESS	SHEAR VELOCITY	UNIT STREAM POWER	THRESHOLD GRAIN SIZE (mm)
1.0	1.1	1.0	37.8	40.0	1.6	4.4	175.0	0.65	0.58	2.89	41.1
1.5	2.2	2.2	57.8	128.9	2.6	8.7	1127.8	2.04	1.03	18.26	292.0
0.05	2.2	2.2	57.8	128.9	2.6	1.6	205.9	0.07	0.19	0.11	4.7







# Destabilization of Stream Corridor





# Erosion – Mass failures



1-30-06



# Erosion – Lateral Migration

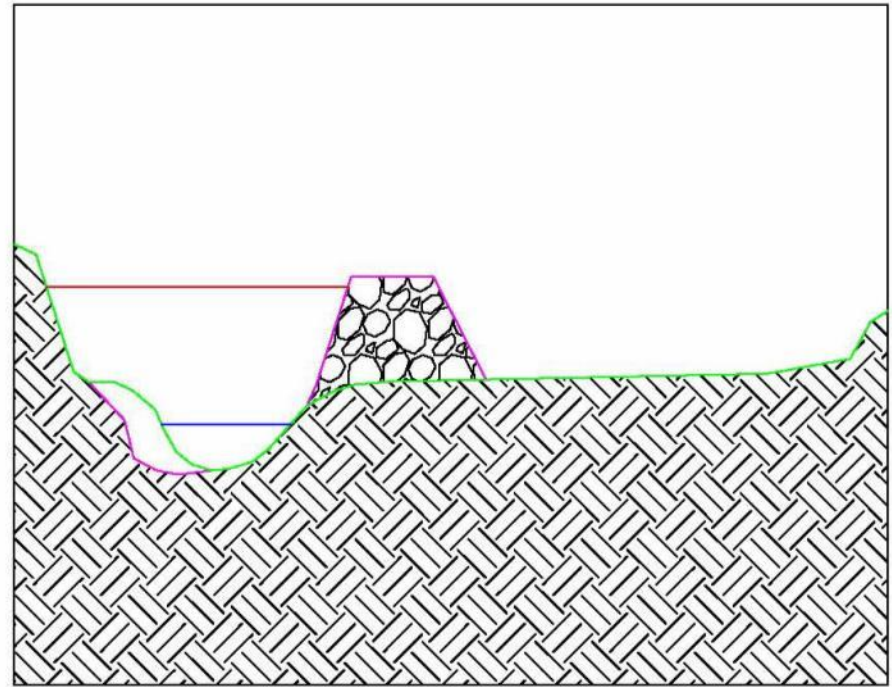
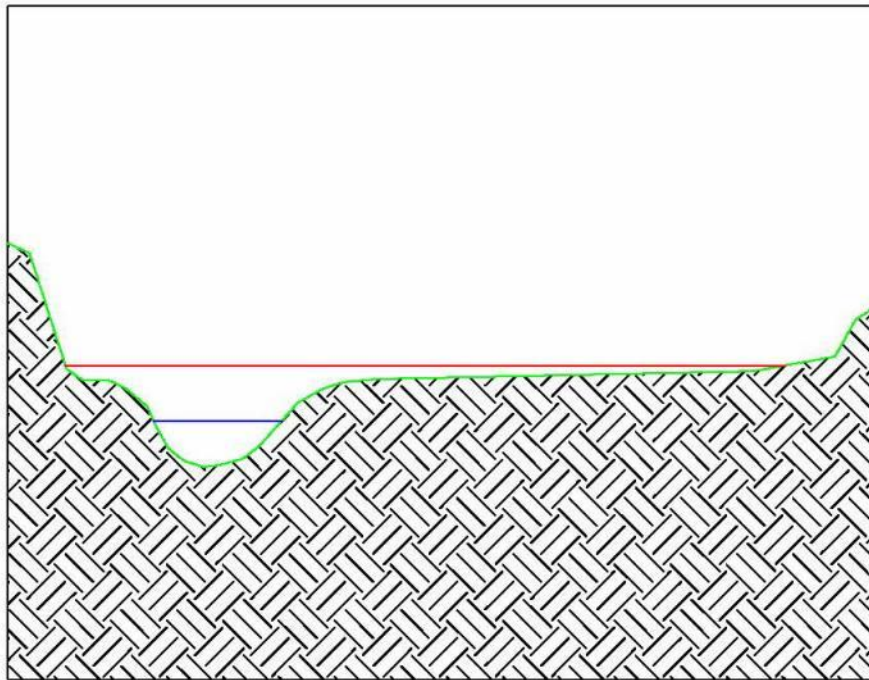


# Impaired Floodplains



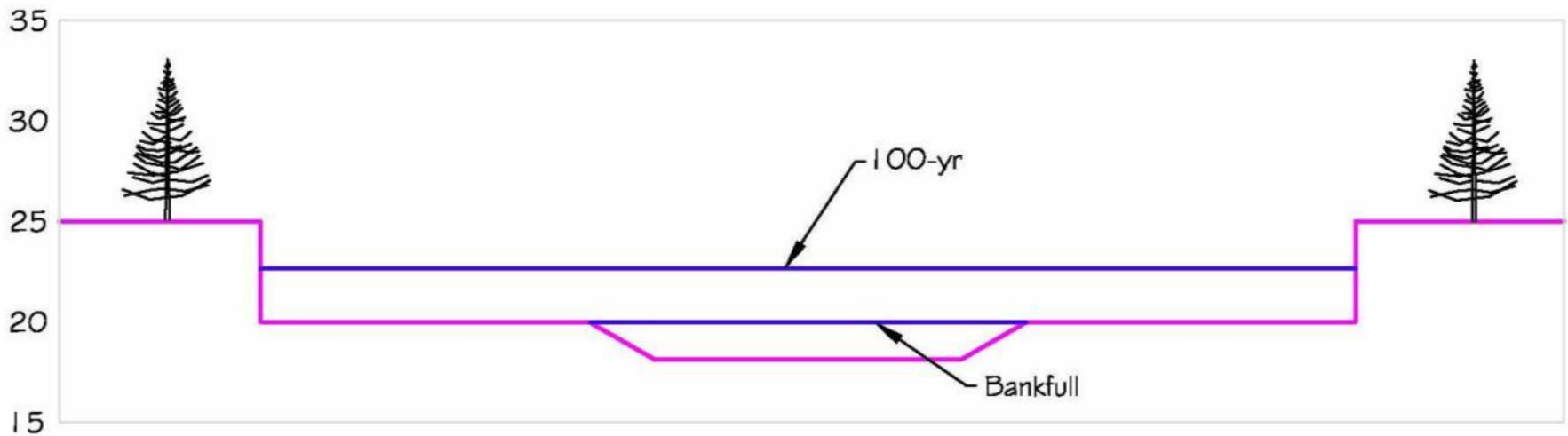
# Berms Definition

**An earthen embankment or wall, usually built to provide protection or a result of side casting during stream channel dredging**



# Channel Modifications

## Floodplain Reclamation





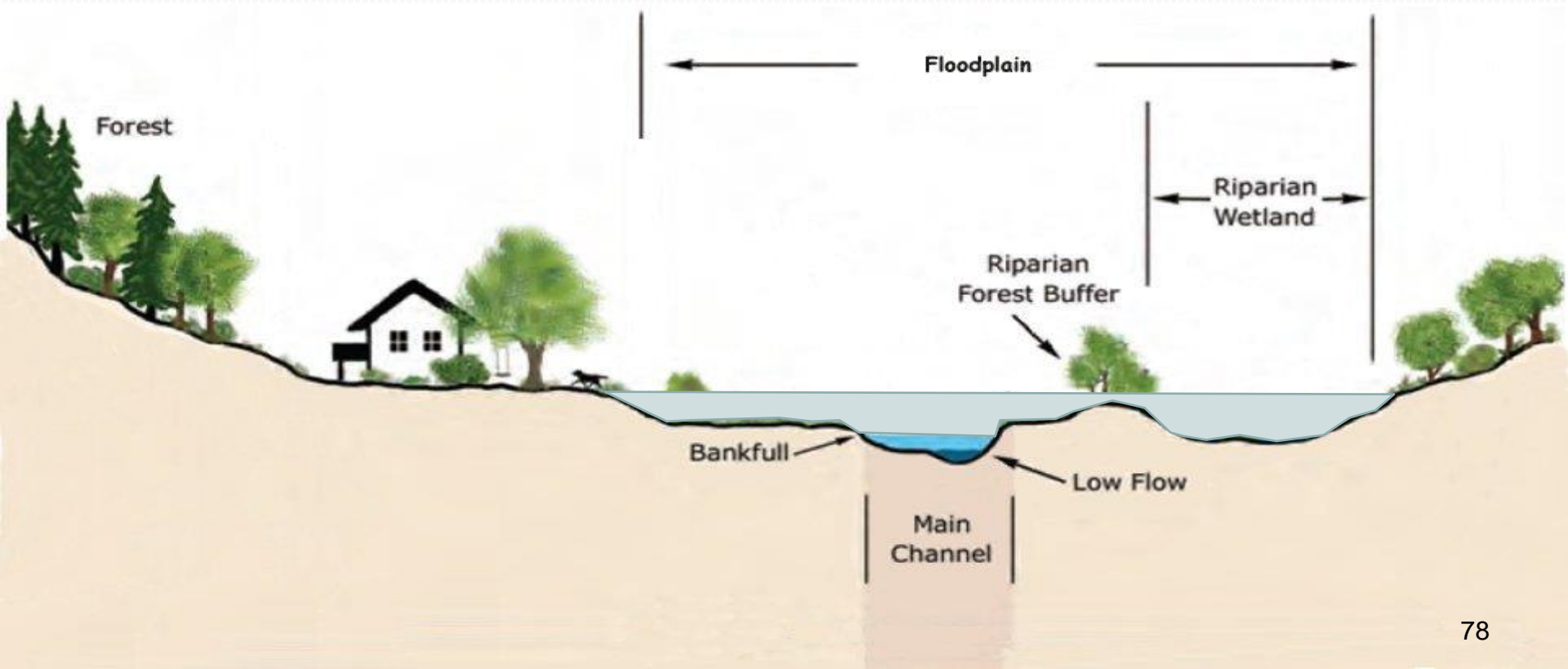
# When the channel is disconnected from the floodplain...

- Velocity and energy of Stream **increases**
- Erosion **increases**
- **More damage** to infrastructure from debris
- The flood stage is **higher**



# Floodplain

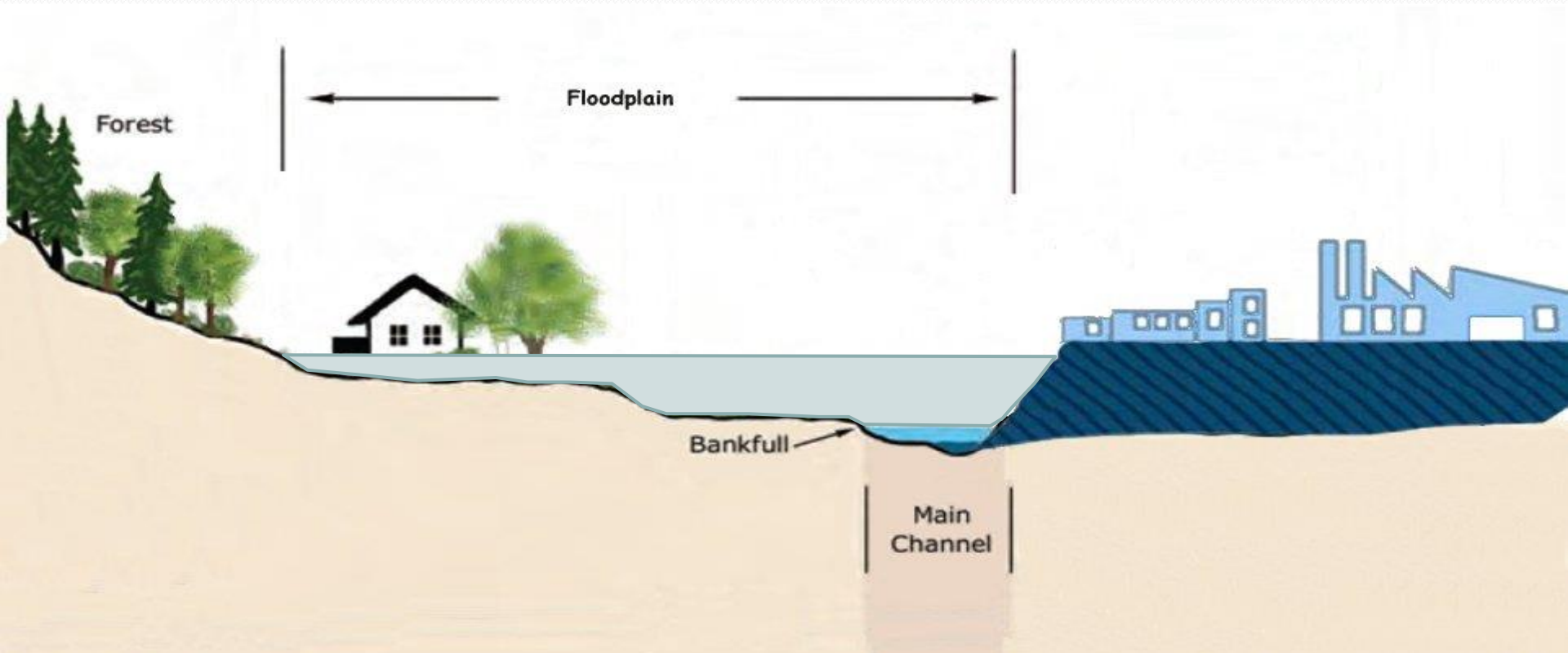
The floodplain is part of the river during storm conditions





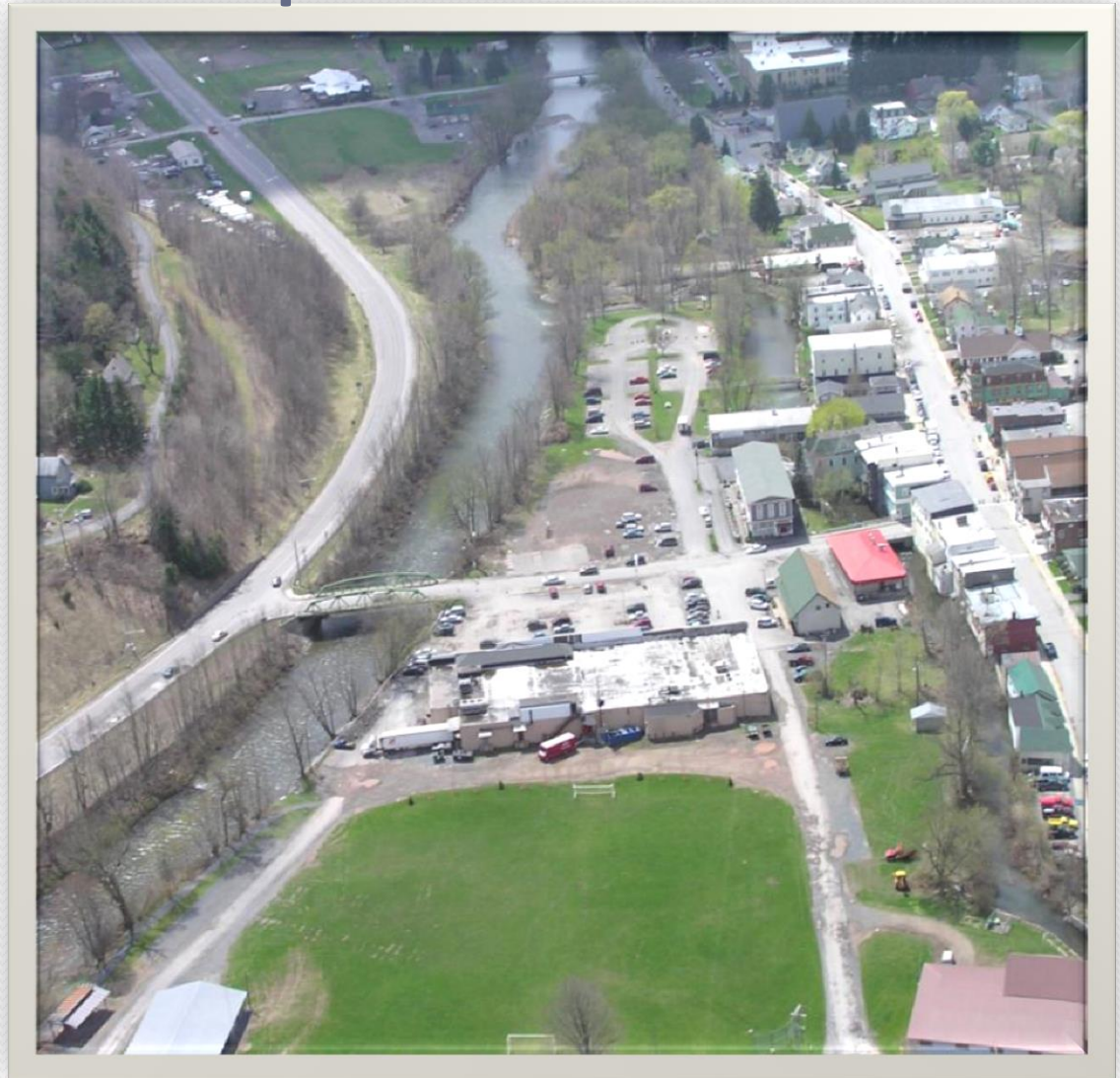
# Today's Floodplains are not necessarily Tomorrow's floodplain

**If large areas of the floodplain are filled, then there will be an increase in the land area needed to store flood waters. This means your home, farm, or business may be impacted.**



# Floodplain Development

- Buildings
- Bridge approaches
- Roads
- Parking lots
- Etc.





# When the floodplain is developed...

- More threat to life and property
- Velocity and energy increases
- Erosion increases
- More damage to infrastructure
- The flood stage downstream is higher
- Higher cost of flood damage
- Increased flood insurance

Floodplain development can lead to significant stream issues including erosion & infrastructure damage







08/28/2011











**Flood water level**





# Unstable Channels

# General Channel Responses to Instabilities

- Instability progresses downstream when there is a change in local sediment supply
  - **Increased supply** (landslide or gravel rich tributary) results in deposition downstream
  - **Decreased supply** (as from a dam or concrete or heavy stone lined channel) results in downstream erosion

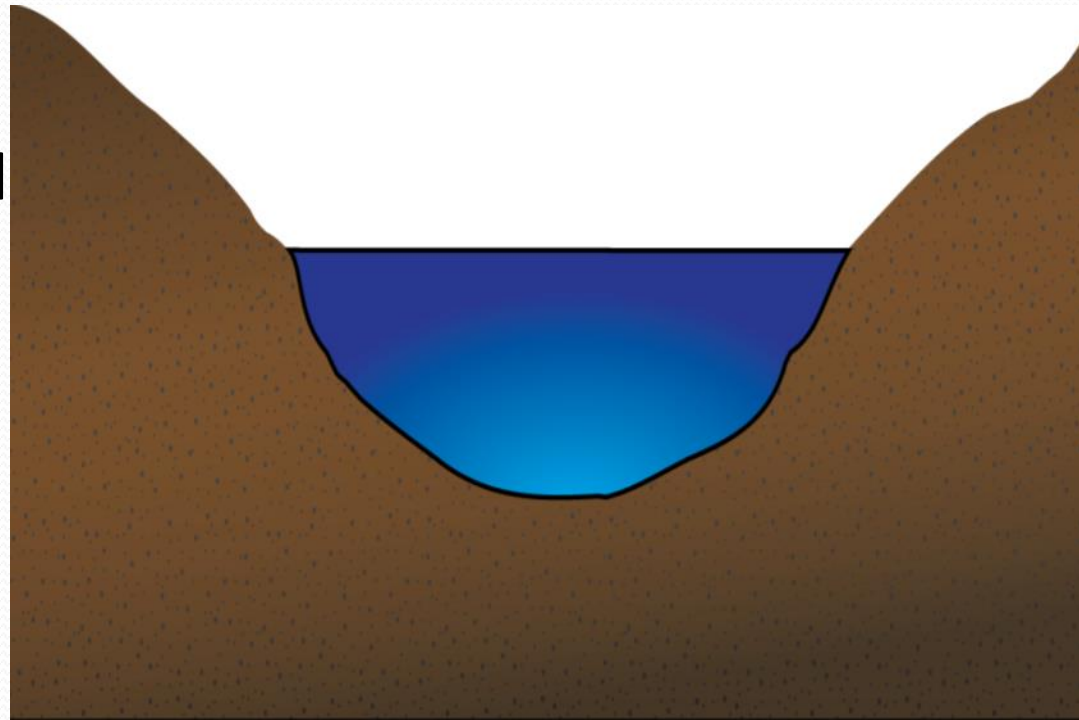


# General Channel Responses to Instabilities

- Instability progresses upstream when there is a change in local channel form
  - **An incised channel** (dredged or severely down-cut) results in bed erosion upstream
    - ❖ Usually in the form of a head-cut
  - **An aggraded channel** (as from a dam or overly wide) will result in deposition upstream

# Incised or Entrenched Channels

- Streams that cannot access their floodplain at the bankfull flow are said to be incised or entrenched
- Incised streams display high velocities & erosive forces during floods
- Incised streams are almost always unstable



After Rosgen 1996







# Avulsions Definition

- Avulsions are where the stream is no longer in its original channel
- Is it ...
  - A threat to water quality ?
  - A threat to property?
  - A better alignment?
- Is it possible to work with this new alignment?



# Avulsions

- Do **NOT** work if there is no immediate danger to property or necessary infrastructure
- *Notify the municipality and SWCD that there is an avulsion*

# Avulsions

- Do work if property or infrastructure is in danger
- Ask for assistance from County SWCD or USC
- If the repair must be made immediately
  - Bring the “new” bank up to the same elevation as the existing ground
  - Armor with large rocks if any are available
  - Notify County SWCD or USC of the repair immediately
- *This repair will be temporary and will require careful monitoring*



# Platte Kill avulsion 2009





# Platte Kill avulsion 2011





# SECTION III

UPPER SUSQUEHANNA COALITION  
EMERGENCY STREAM INTERVENTION

&

STREAM MAINTENANCE PROTOCOL TRAINING OVERVIEW

# FLOOD RESPONSE





# Flood Response

- Immediate Priority Items
- High Priority Items
- Assessment
- Repair
- Documentation and Further Needs

# Immediate Priority

- *Immediate priority* items are those facilities and infrastructure which need to be repaired and/or kept open in order that further recovery may be allowed to continue, or to prevent immediate loss of human life



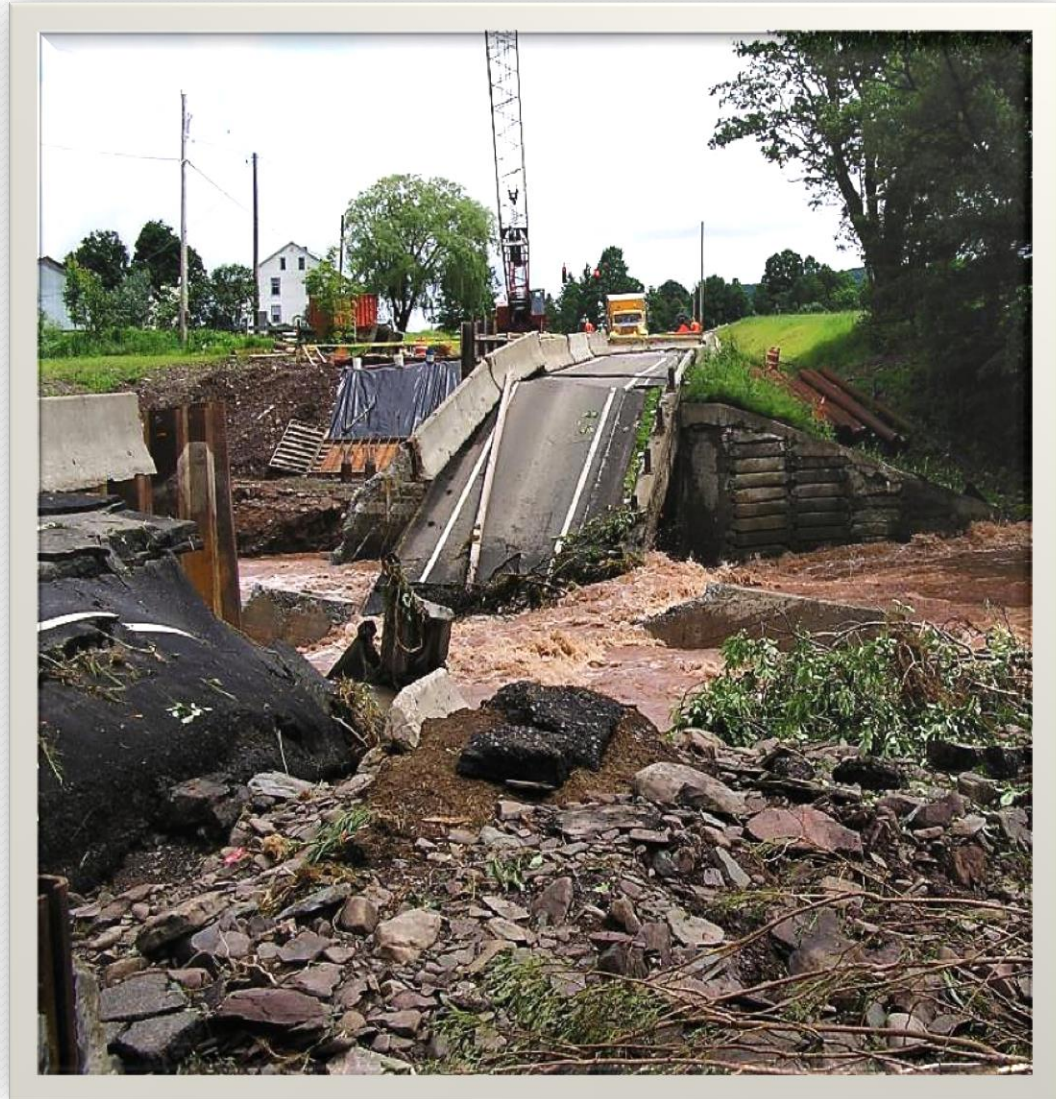
# Immediate Priority Items

- During or right after a flood some things must be done, including, but not necessarily limited to:
  - Opening clogged bridges
  - Opening closed roads
  - Keeping important installations functioning:
    - ❖ Power Plants
    - ❖ Fire Stations
    - ❖ Rescue Centers
    - ❖ Hospitals
    - ❖ Water Wells & Systems
    - ❖ Sewage Treatment Plants & Systems

# Flood Repair

## “Emergencies” – obvious problems

- Bridges plugged
- Roads severely damaged/closed
- Buildings (especially inhabited buildings) endangered





# High Priority Items

- **High priority items** are those items that are necessary for the first part of the cleanup process
- This course concentrates on getting channels back into some acceptable condition
  - Open clogged channels
  - Put avulsed channels back in place
  - Stabilize actively eroding streambanks
  - Stabilize (even if only temporarily) landslides
  - *Return the channel to a condition such that the natural processes of streams can begin to return it to its natural state*

# Assess the Stream Channels

- To decide where to work and where not to work
- To decide where to work first
- To identify the equipment and work force that will be required
- To identify reaches that require technical assistance



# Where to Work – Channel Problems

- Actively eroding high banks
  - Eroding bank is heading toward infrastructure or homes
  - High sediment load from eroding bank
  - Another “small flood” would “blow out” the bank
- Channel blocks
- Debris at culverts
- Undermined revetments
- Impaired channel capacity

# Actively eroding high banks





# Channel Block





# Debris at a Culverts





# Undermined Revetment

- Revetment may become undermined due to:
  - Improper installation depth
  - Stream downcutting



# Impaired Channel Capacity





# Where Not to Work

- The channel dimensions are ok, or there has been little damage
- Banks are stable
- The channel bottom is imbricated
  - The gravel is “shingled” and is difficult to move
  - Moving the gravel around loosens it and erosion at the reach and deposition downstream

# Would you work here?



- Single channel
- Meanders
- Floodplain



# Would you work here?



- Single channel
- Some meander
- Stable banks



# Understanding Imbrication

- As storm flows subside bed material overlap and become wedged together like shingles
- Caused by water velocity
- Materials are less mobile





# Is this what you would do here?



8-14-06





3-06-08



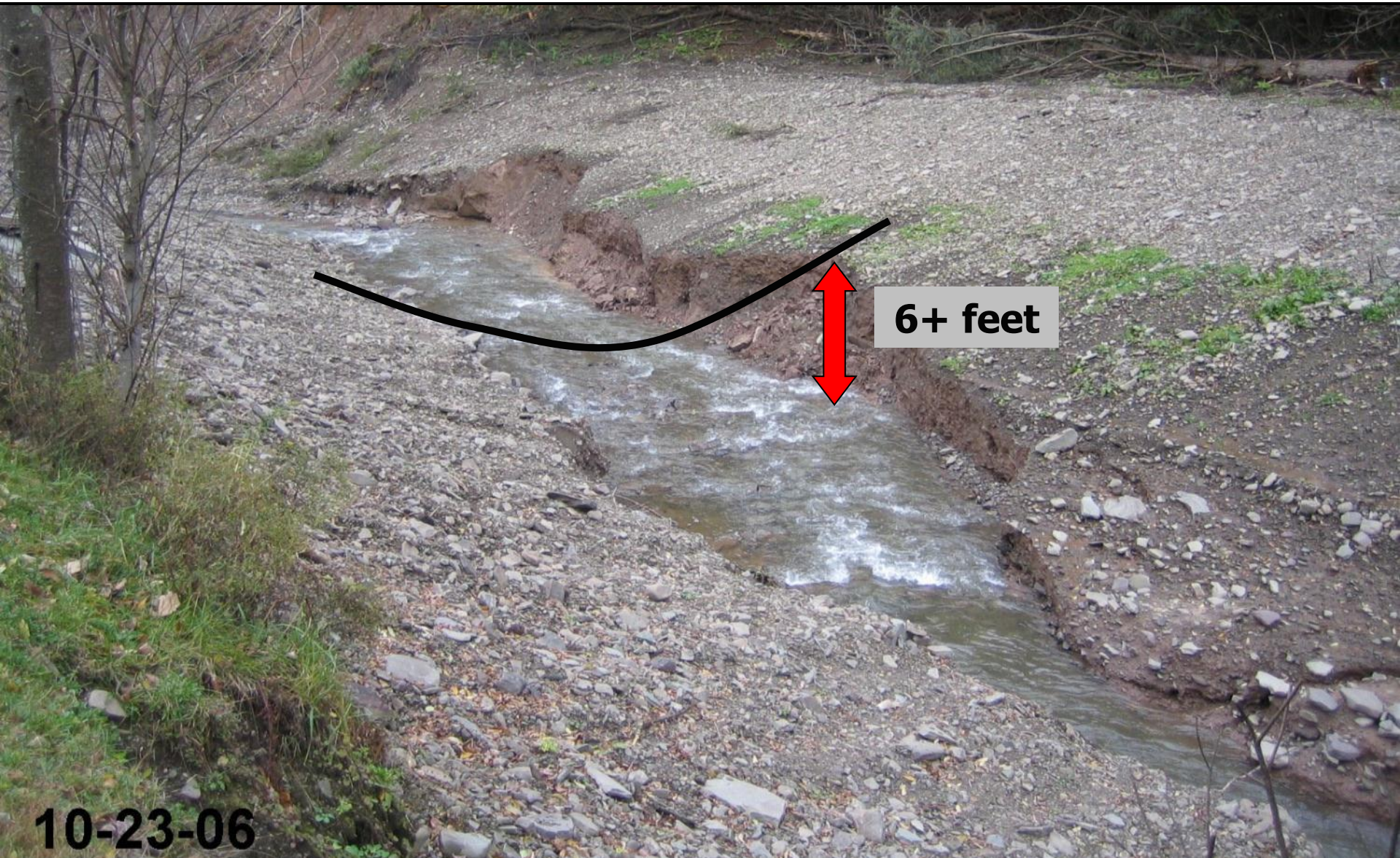
This downstream adjustment created  
a head-cut upstream...



10-23-06



This slope was actively migrating as the stream continued to lower its bed to adjust its profile. This increased potential risk to those downstream.



10-23-06



# Post-Flood Work

- Improper post-flood work can negatively affect:
  - Stream function
  - Stream stability
  - Aquatic habitat
  - Water quality
  - Local resources
- Improper post-flood work can add costs to future repair

# Post-Flood Problem Itemization Sheet

- This is located in **Appendix A** in Training Manual
- It lists problems commonly found after a flood
- Use a sheet for each stream reach
- Check off problems; add any notes/sketches that are necessary
- Customize the sheet to suit your needs
- Photos should be taken during the assessment



# Post-Flood Problem Itemization Sheet

- The advantages to using the sheet are:
  - Identify the location, number & types of problems on each reach
  - Identify the most severely impacted reaches (keep in mind that some streams or reaches may not be impacted at all)
  - Prioritize work on the most severely impacted reaches
  - Determine manpower & equipment needs
  - Revision of priorities may be required throughout assessment period

# Post-Flood Problem Itemization Sheet

- The sheets can serve as a record:
  - That can document work done for state or federal reimbursement
  - This document can be attached to a permit application as additional information
  - To document work done under an emergency permit



# **Immediate Post Flood Emergency Stream Intervention Problem Itemization Sheet**

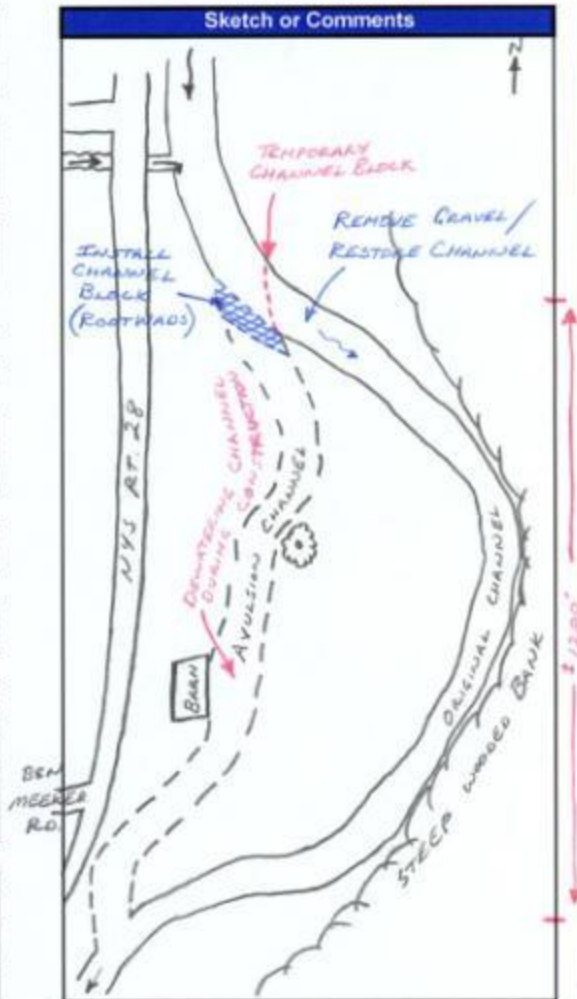
Date: 3/16/09

Time: 2:30 PM

Crew: JOEL + GALE

Stream: PLATE KILL  
Reach:

	YES	NO
<b>Debris Jam at Bridge/Culvert</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Bridge / Culvert		
Location		
<b>Scour at Bridge/Culvert</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Footings exposed		
Undermining		
<b>Mass Failure</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Estimated height (avg)		
Estimated length (avg)		
Number of failures		
<b>Debris/Log/Gravel Jams</b>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<b>Avulsion</b>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Estimated length	<u>1200'</u>	
Estimated width	<u>40'</u>	
<b>Scouring/ Down Cutting</b>	<input type="checkbox"/>	<input type="checkbox"/>
Estimated depth		
<b>Head Cut</b>	<input type="checkbox"/>	<input type="checkbox"/>
Estimated depth		
<b>Gravel Deposits</b>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
center	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Location - left side	<input type="checkbox"/>	<input type="checkbox"/>
right side	<input type="checkbox"/>	<input type="checkbox"/>
Estimated height	<u>3'</u>	
Estimated length	<u>75'</u>	
<b>Eroded Banks</b>	<input type="checkbox"/>	<input type="checkbox"/>
Left bank	<input type="checkbox"/>	<input type="checkbox"/>
Right bank	<input type="checkbox"/>	<input type="checkbox"/>
Estimated height		
Estimated length		



# Further Documentation

- Recommended documentation during construction:
  - Before & After photos
  - Description of the work
    - ❖ Date
    - ❖ Time
    - ❖ Equipment
    - ❖ Material
    - ❖ Labor Force



# Further Documentation

- Post Construction Review
  - Was the work performed satisfactorily & completely, and meet the needs identified on the Post-Flood Problem Itemization Sheet?
- Contact SWCD, USC or NYCDEC for assistance with:
  - Vegetation
  - Structures
  - Long Term Monitoring

# Channel Sizing





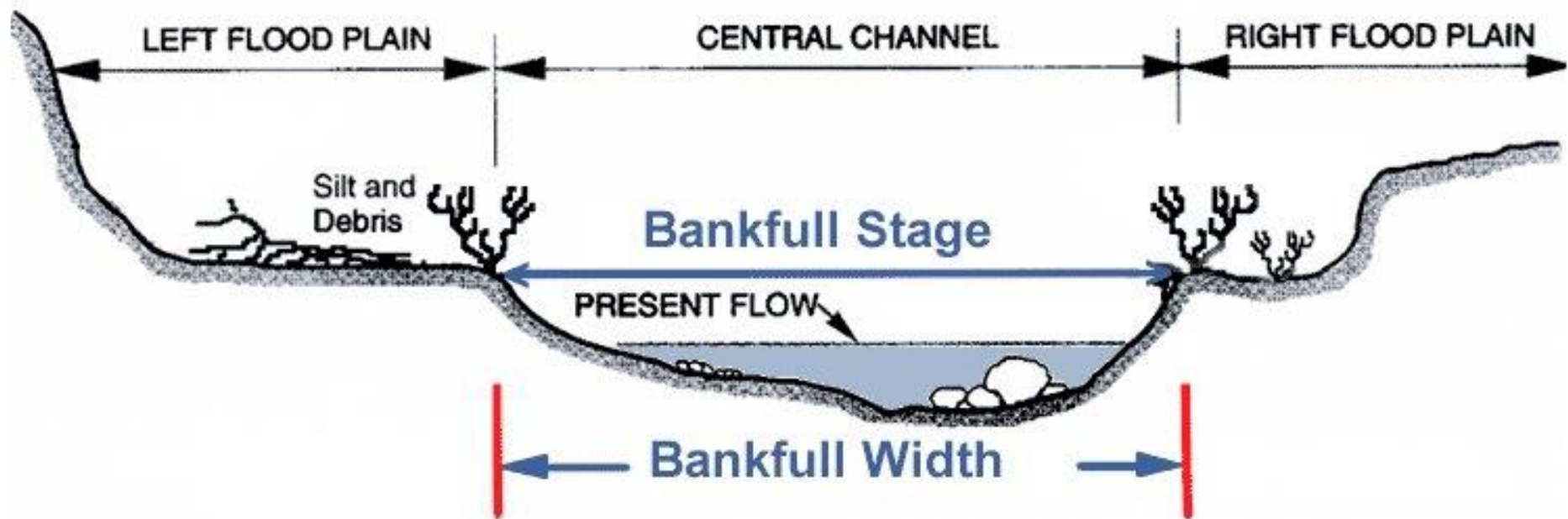
# Bankfull Flow

- Bankfull flow is the channel forming discharge

*“The bankfull stage corresponds to the discharge at which the channel maintenance is most effective, that is, the discharge at which moving sediment, forming or removing bars, forming or changing bends and meanders, and generally doing the work that results in the average morphologic characteristics of the channel.”*

*Dunne and Leopold, 1978*

# Bankfull Flow

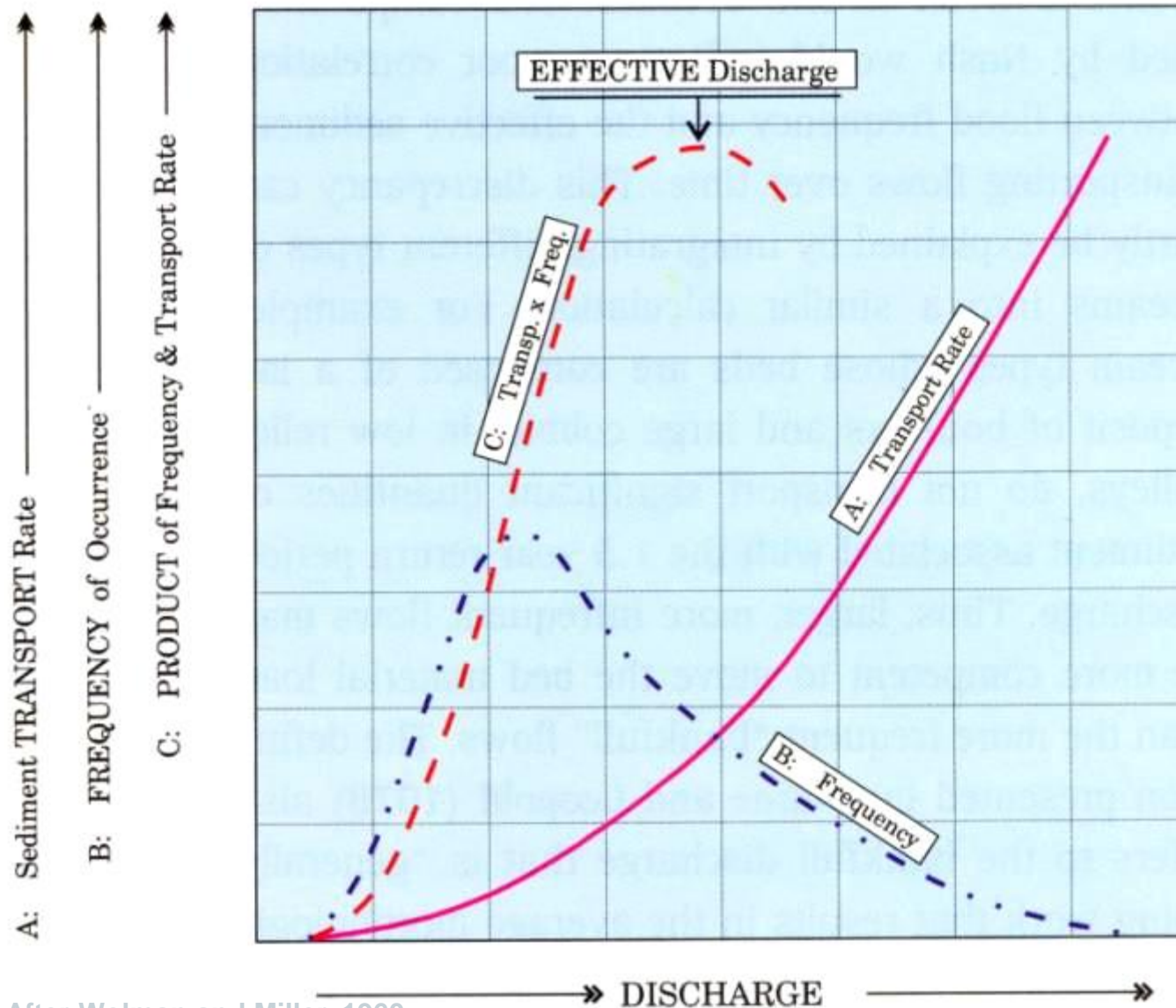






# Effective Discharge

How the stream is created and maintained





# Channel Forming Discharge

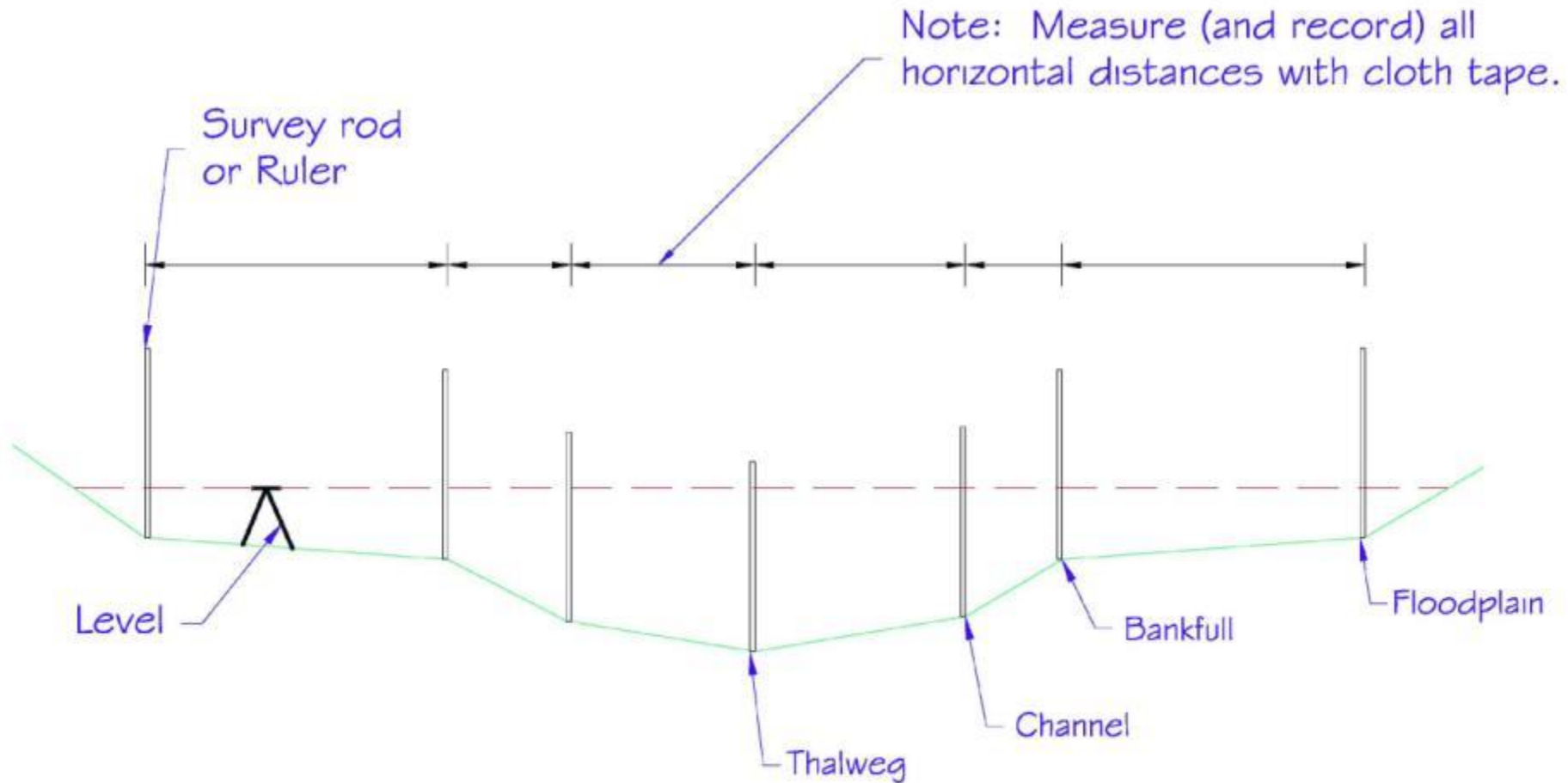
- Channel forming discharge, effective discharge, & bankfull all have the same meaning
- The channel forming discharge is approximately equal to the 1.5 year storm
- The regional curves that give information about the size of the channel are based on the bankfull or channel forming discharge

# Using an Existing Stable Reach

- Use of the tables may not be required
- A relatively undamaged reach may exist either upstream or downstream
- Measure the undamaged reach & duplicate it in the damaged reach (draw a sketch)
  - Bankfull width and depth, floodplain width, bottom width, meander curve radius, and stream slope
- Call SWCD or USC for assistance



# Using an Existing Stable Reach



Points to measure on a stable riffle cross section





FP Width

A photograph of a stream flowing through a forest. The stream is surrounded by a rocky bed and dense green trees. Four measurement points are marked with colored lines and labels: 'FP Width' (green line), 'BF Width' (red line), 'BF Depth' (orange vertical line), and 'Bottom Width' (yellow line).

BF Width

BF Depth

Bottom Width



A photograph of a river meandering through a forest. The river is shallow and rocky, with water splashing over the stones. A red line is drawn over the image, tracing the curve of the river's bend. A white text box with a black border is positioned on the right side of the river, containing the text "Meander radius & slope".

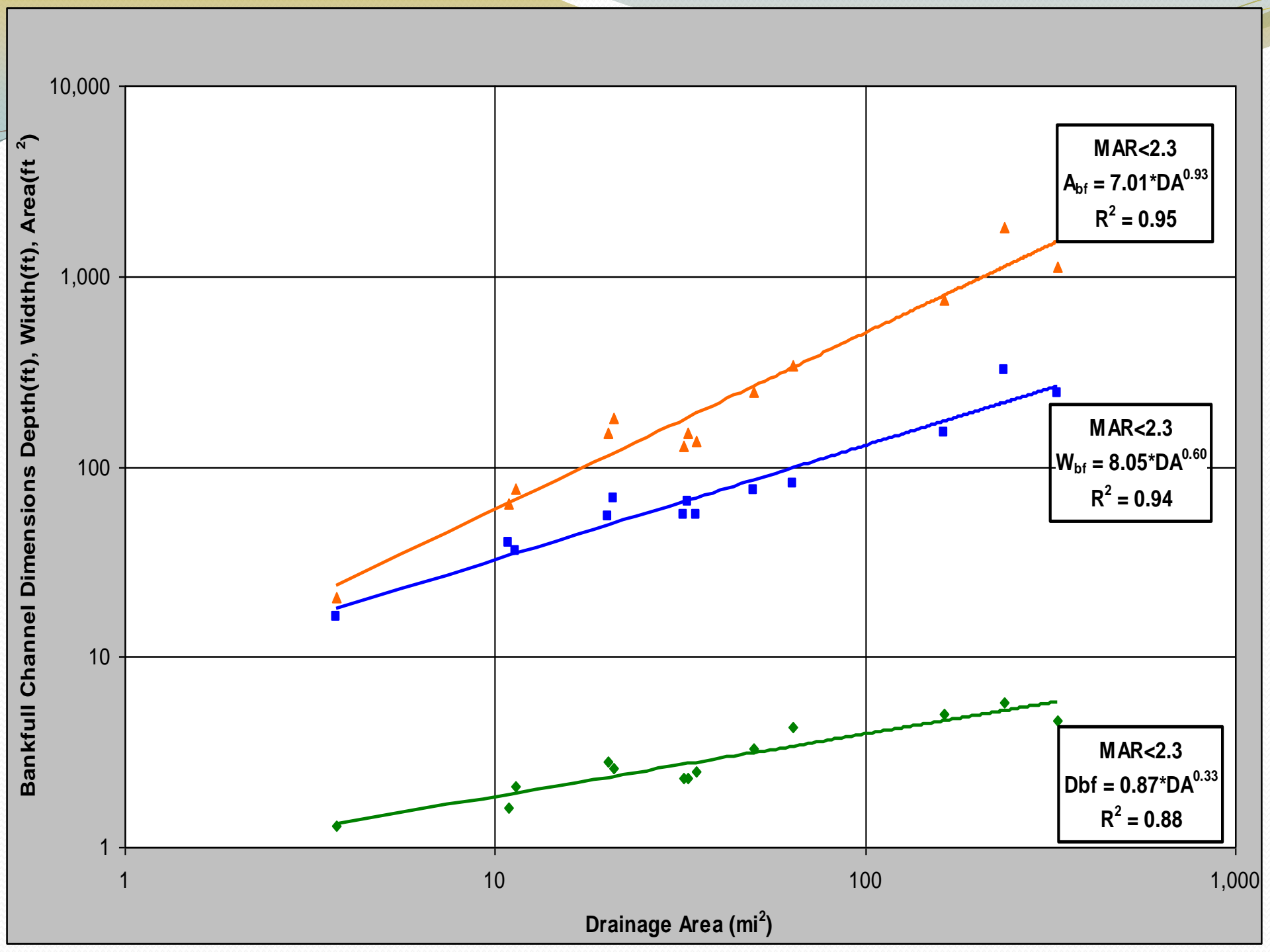
**Meander radius & slope**



# Regional Curves / Stream Stats

- Based on data collected by USC, NYCDEC & USGS gage station
- Information given is based on Drainage Area
- Represents the size & cross section of natural streams in this region
- Dimensions given – Bankfull Dimensions
  - Cross sectional area
  - Bankfull top width
  - Average bankfull depth (mean depth)





# Regional Curves

- After a flood the channel dimensions have often been changed – **too big** or **too small**
- Sometimes it is difficult to determine the original size of the stream
- Use the Regional Curves/Stream Stats to get reasonable bankfull dimensions

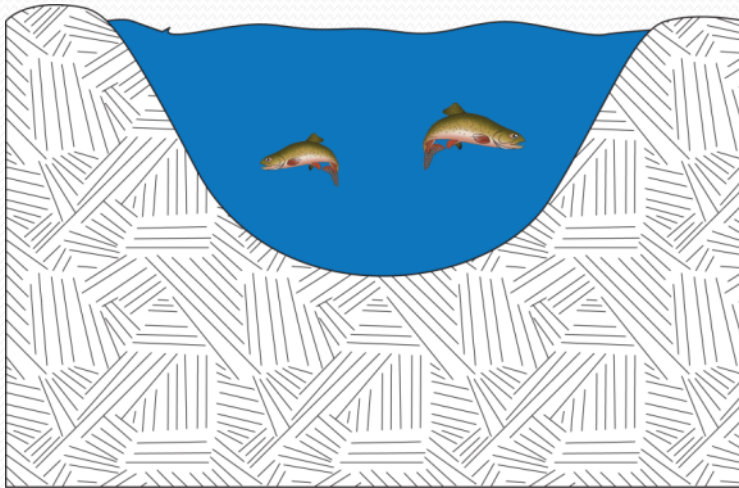


# Regional Curves

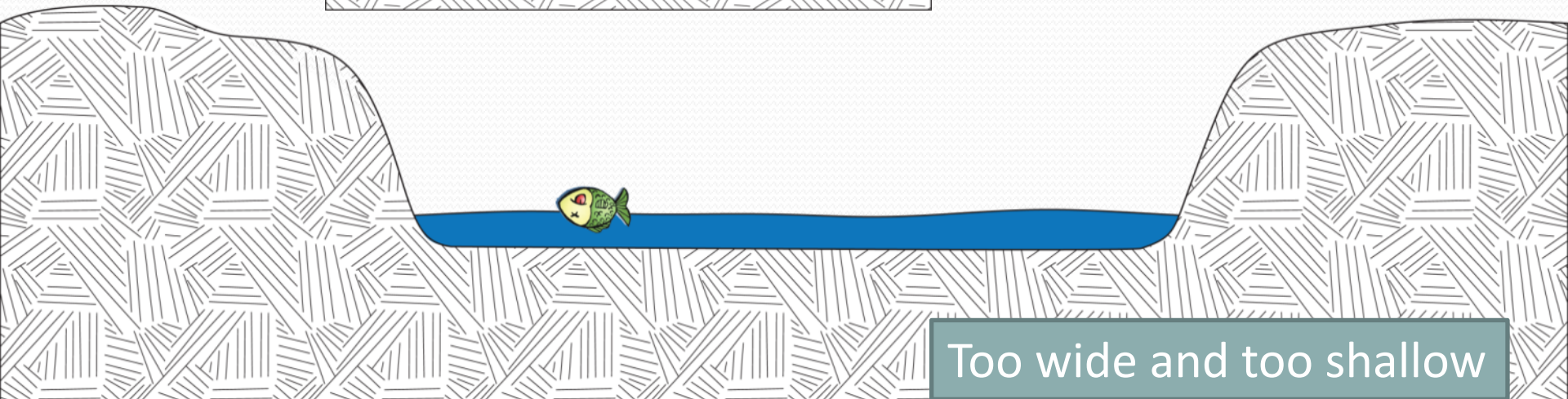
- Proper width and depth are important
- For hydraulics
  - Sized to carry the bankfull flow
  - Moves the proper size and amount of sediment
  - Avoids erosion
  - Avoids deposition
- For the environment

# Regional Curves

- Channel dimensions and aquatic habitat



Proper width and  
proper depth



Too wide and too shallow

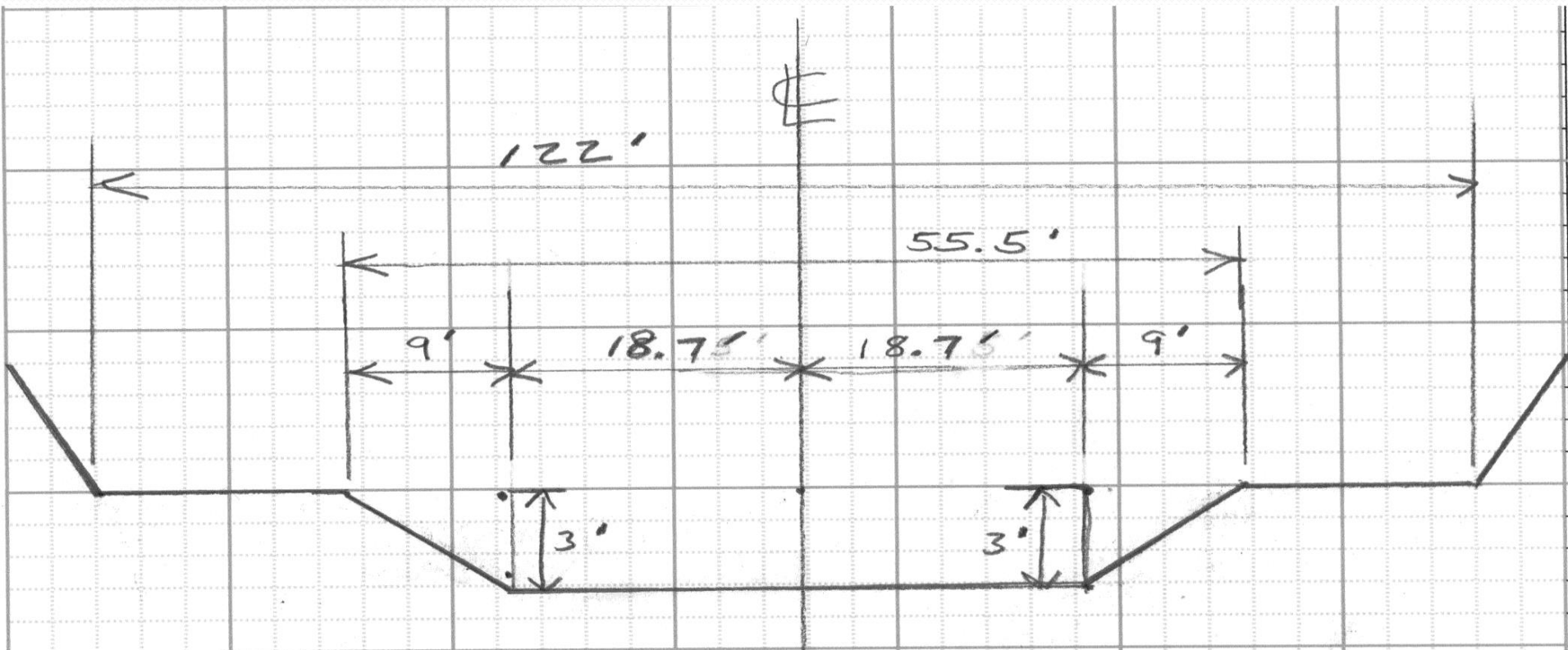


# Classroom Sessions

- Develop an understanding of what elements impact on stream stability – “morphology”
- Learn what appropriate information and action is needed for a proposed worksite
- Develop ability to identify location of work site and related drainage area
- Learn to utilize the Stream Stats database
- Learn to develop the appropriate stream dimensions for the work site – construction dimensions

# Classroom Product Example

- It is highly recommended that you prepare a sketch of the proposed cross section to use during stake out & construction





# Field Exercises

- How to collect field data for reference reaches as alternative to Stream Stats
- Project survey and layout
- Construction methods
- Final site stabilization
- Site monitoring
- Long term stabilization methods

# Lessons Taught

- Where to dig & Not dig
- Vegetative Strategies
- Stable Stream Dimensions for watershed location & stream type
- **NOT ENGINEERING BUT HOW TO USE SIMPLE COMMON SENSE TOOLS**



# Appropriate Channel Design Structures

- These structures are made of rocks or logs
  - Rip Rap
  - Barbs
  - Cross vanes
  - Straight vanes
  - J-hooks
  - Step-pools
  - Etc.
- If you think you need to install one or more of these contact SWCD or USC for assistance

# Straight Vane





# J-Hook



# USC EMERGENCY STREAM INTERVENTION & STREAM MAINTENANCE TRAINING

- 3 Sessions planned for 2013
  - Steuben / Chemung Region
  - Tioga / Broome Region
  - Chenango / Otsego Region
- Applications available
- Limited Scholarships for County & Town Representatives



# Questions?